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THE NEWS-LEDGER

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Wednesday, March 19, 2008

Campaign cash from developers: a factor for mayor?

By Steve Marschke
News-Ledger Editor

West Sacramento resident Paul Warrick last week demanded that Mayor Christopher Cabaldon remove himself from the city council's discussion of the proposed Yarbrough project in Southport. Warrick charged that developers' money donated to Cabaldon's campaign for State Assembly creates a "conflict of interest" for the mayor when dealing with Yarbrough.

Cabaldon didn't respond to the challenge, and didn't "recuse" himself from the Yarbrough talks.

According to records from the secretary of state's office, Cabaldon's campaign war chest entered 2008 with about \$333,333 inside – and a substantial amount of those funds have come from West Sacramento-related development interests.

Four entities involved in the "Vina del Lago" development project (just south of city limits) gave Cabaldon's campaign a combined \$10,800 in late 2007, for example. Richland Investments, which has a development proposal for southeastern West Sacramento, gave Cabaldon's campaign \$3,850.

And Warrick was right: several people connected with the Yarbrough project, including proponent David Stroud of ASB Properties, gave Cabaldon a combined \$26,600 in late 2007.

Other development-related contributions were detailed in the financial disclosure forms as well, and it is likely many donors have ties to these or other local projects.

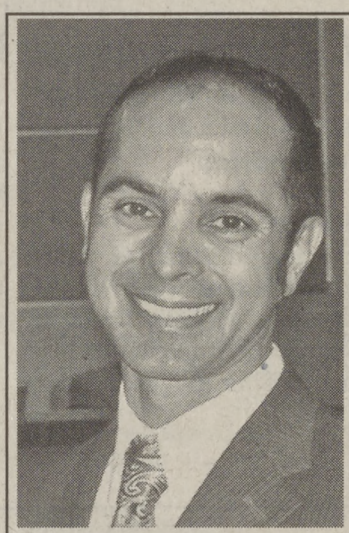
If Cabaldon were running for a city post, contributors would be limited to giving him \$250 or less. But the state assembly race allows individual contributors to donate \$3,600 apiece for his efforts in the primary, and another \$3,600 each to use in the general election.

So while Cabaldon is still the city's mayor, should he recuse himself from consideration of Yarbrough or the other projects? Do the developers' contributions influence Cabaldon's decisions?

"It never has," the mayor told the News-Ledger yesterday. "That's been true for all five of us for the last three city councils," he added, speaking of contributions also made to fellow councilmen. "I am opposed to the Vina Del Lago project, for example. I don't think there is a member of the council who has voted against development projects more than I have."

He also said that "a contribution is not an endorsement of the contributor by the candidate."

Is there anyone from whom Cabaldon would not accept a



CHRISTOPHER CABALDON:
West Sac mayor is raising money for Democratic primary in 8th District Assembly race

campaign contribution in his effort to win the Democratic nomination for 8th District Assembly?

"I don't accept contributions from the tobacco companies," he said. "Other than that, I don't have any restrictions."

Meanwhile, his Democratic rival, Yolo County Supervisor Mariko Yamada of Davis, took Cabaldon to task last week for not agreeing to a voluntary spending cap of \$483,000 during the party primary.

"Having met many of the working families of the 8th [Assembly District], who are just trying to afford to put gas in their cars, I find it appalling that my opponent feels a need to spend so much money on this race," said Yamada in a press statement. "This is a district made up of relatively small cities where people still know each other and enjoy talking with one another. We clearly have differing priorities in terms of how money should be spent for the public good and how to treat voters with respect

Please see CABALDON, p. 4

Changing landscape

■ Library, college & transit buildings part of new 'civic center' complex across from city hall

By Steve Marschke
News-Ledger Editor

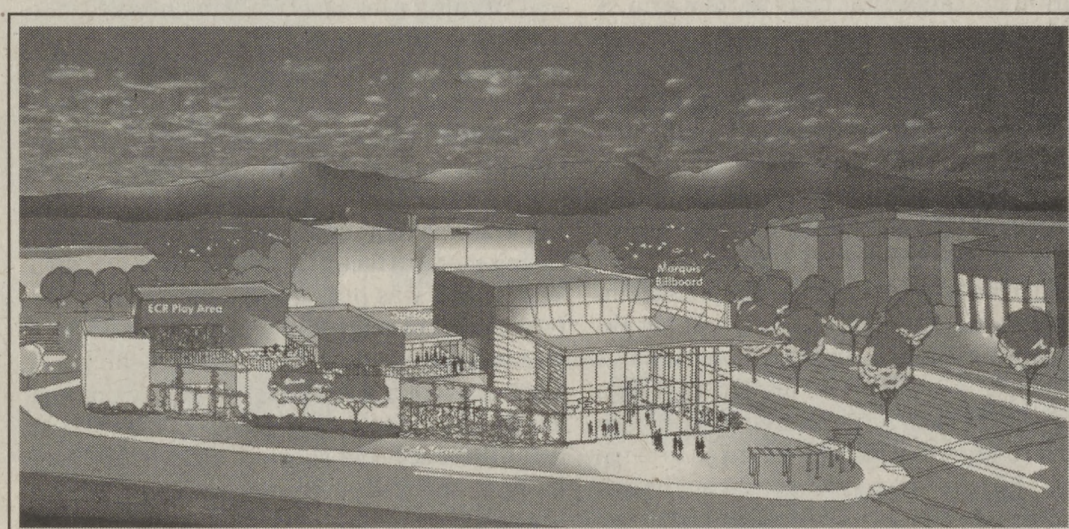
West Sacramento's long-troubled "main drag" will take another step in its evolution this year. Changes will include work on West Capitol Avenue's western "streetscape" as well as construction of several elements of a new "civic center" stretching south from city hall.

"They're going to rebuild the street – flatten it out, put in new sidewalks, new medians and do all the prep for a streetcar line," said City Councilman Wes Beers. "We're hoping to begin construction of that in July, from the new Garden Street (near Raley Field) through to Jefferson Boulevard."

"It will change it from an old highway to a 'downtown' street," he added. "There will be new bike lanes, the medians will be wider and it will be easier to cross the street."

Meanwhile, shovels are poised for construction of much of the civic center near the intersection of Merkley Avenue and West Capitol, across from city hall.

One part of the civic center will be a "transit center," designed for buses and future forms of mass transit, including a streetcar line initially planned to cross the Tower Bridge from Sacramento and finish up at the civic center. The transit center will be at the corner of



A soon-to-be-started complex including a new library, college and 'multi-generational' facility (left) will be designed to complement the existing city hall structures (right). Separating the two is West Capitol Avenue, in this artist's rendering with a view towards the west. (Courtesy of City of West Sacramento)

Merkley and West Capitol, across the street from a Buddhist monastery that used to be the historic Hotel El Rancho.

"Initially, it will just have places for bus transfers, with driveways and bus shelters," said Beers. "Hopefully, the streetcar will be there soon."

Beers said that a "best case" scenario for the streetcar line is about three years from now. Sacramento officials are working on plans for a connecting line on their side of the river – and those plans may have suffered a delay, but are still proceeding, said Beers.

Another element of the civic center property is a replacement building for the Arthur F. Turner Branch Library, located on a southern part of the "civic center" acreage. The library will move its books to a temporary home in a former bank building at the corner of Jefferson and Merkley, and then move back into new "digs" on its old site.

"It will be where the current library is," said Beers. "They'll tear down the old library and build a new one. It will be around 19,000 square feet. It will be on the

'back' part, facing Merkley (instead of West Capitol)."

The planned new branch of Sacramento City College is going in directly across the street from city hall, on the northern part of the acreage.



WES BEERS
City Councilman

"The community college is going to face city hall, right across the street, and will be a similar building, three stories tall with some similar architectural features," Beers told the News-Ledger.

"There will be a little bit of a plaza between the library and the city college," Beers added.

"That's where they'll build the new 'multi-generational center.' It will be two-stories tall, in the neighborhood of 20,000 square feet. There will be senior activities, community-oriented activities, the West Sacramento Historical Society will have some space, the community theater could have some potential space. And that whole plaza could become a powerful civic area."

West of this earmarked "public" area is private land that could develop to complement the library, college branch and "multi-generational center," said Beers.

What kind of timeline can the public expect?

City planners project the transit center to be done by this November. The Los Rios Community College District facility will break ground next month and open in November, 2009. The library is due to break ground in July, and be finished in January, 2009. The multi-generational center will break ground next January, and be finished in March, 2010.

Pennies for cancer patients

Students at Holy Cross School in West Sacramento observed the Christian tradition of Lent by pooling their spare change in a "Pennies for Patients" project for the Leukemia and Lymphoma Society.

They collected pennies and spare change from family and friends, emptied their pockets,

and searched among couch cushions. Some even took on special jobs to earn money for the collection.

The kids raised \$1,446.31 in February for the cancer-fighting organization, which is searching for a cure for blood cancers and trying to improve the quality of life for patients and their families.

Campaign of lawn signs to protest local anti-gang law

Critics of the anti-gang injunction in West Sacramento plan a press conference this morning at city hall to unveil a campaign of protest.

Resident Rebecca Sandoval said that the injunction "is not about crime, but part of a plan to take away the homes of the

working poor." She said activists of Citizens Empowering Citizens will pass out lawn signs that say "NO INJUNCTION."

The injunction prohibits alleged gang members from affiliating with each other or being out at night, under most circumstances.

Brainstorming Bryte & Broderick

By Steve Marschke

"Visioning" is apparently a word, and north-area residents are invited to do some of it at a special meeting at 10 a.m. this Saturday at city hall.

That's when city officials have scheduled a "Bryte and Broderick Community Engagement and Visioning Project" – the beginning of a six-month project to help guide the north end into its future.

"Broderick and Bryte and very important neighborhoods in our city," said Mayor pro tem Bill Kristoff in a press statement. "Being born and raised in Bryte myself, I find this visioning project a very exciting time for the

city of West Sacramento."

Louis Collis, a senior program manager for the city's housing and community investment department, told the News-Ledger that the city hopes to find out what Bryte and Broderick area residents want, and help them get it.

Will the participants be asked about police and parks? "It will be about city services, and also about the kind of services in these neighborhoods – churches and schools, and even little groups that get together to clean up the streets," answered Collis. "We'd like to look at all these things and find the best way to put them together."

Later, city representatives will meet with neighborhood groups and community organizations, "talking about

the things they would like to see," said Collis.

Then, the city will come up with a plan to help move in the desired directions. A half-year from now, that plan will go to the city council.

Just exactly where Bryte and Broderick are depends partly on the eye of the beholder, said Collis. The two neighborhoods stretch north from Sacramento Avenue, with Bryte to the west and Broderick to the east. Some folks use Todhunter Avenue as a dividing line. Others use Kegle, she said.

The border dispute could be a matter for workshop participants to tackle.

You may RSVP for the event by calling 617-4624.

Did you get this year's 'coughing flu'?

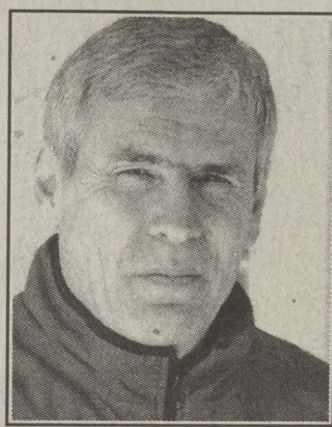
In terms of avoiding illness this past flu season, like lots of West Sacramentans, I thought I was home-free. I got through December, January and February without so much as even a sniffle, and when March started off so sunny and mild, I was sure most of the flu bugs had given up the ghost and called it a year. Then last week, I suddenly got a sore throat, followed by a high fever, and before I knew it, I was coughing non-stop and wondering if I would ever sleep more than 15 minutes at one time again.

The nights were especially long, and with nothing better to do between coughs than stare at the walls and sip Gatorade, I found myself thinking all the way back to the last time I had hacked away so hard for so long, which brings me to my little story.

Fort Lewis, Washington in early February of 1969 was not a very hospitable place. A decrepit old military bus unceremoniously dumped me and 40 or so other inductees off in the middle of the frozen night and my California attire -- short-sleeved shirt, cords, tennis shoes and a windbreaker -- simply wasn't keeping any of my important body parts warm. A wet, blowing snow that was being thrown around by an icy wind chilled me to the bone, and as days slowly turned into weeks, I was starting to think I would never feel completely warm again.

Back then, U.S. Army Basic Training consisted of nine long weeks of marching, physical fitness drills, classroom studies, day and night field maneuvers, assorted weapons training, and standing in long lines to eat breakfast, lunch and dinner. And once your day was finally done, you were then herded back into your barracks (which you shared with dozens of other young soldiers) and told to go to sleep shortly after the sun went down, even though the powers that be insisted on leaving all the windows wide open because the below-zero weather was supposed to help end an outbreak

My Back Pages



By Daryl Fisher

of spinal meningitis, which had already claimed two lives in my barracks alone.

Anyway, after about five weeks of freezing my butt off (both day and night), I wasn't particularly surprised when I started coughing and running a fever. I finally mentioned it to my drill sergeant and a few days later he reluctantly put me on sick call where a doctor thumped on my chest and back a couple of times with his fingers and then matter-of-factly informed me that I had pneumonia.

So, off to the base hospital I went, still coughing and hacking, but this time with a suffocating medical face mask covering my mouth and nose. I was put in the pneumonia ward (which was overflowing) and informed that I was expected to do the following: drink glass after glass of a god-awful sweet fruit punch drink that came in big gallon cans; take at least three icy cold showers a day whether I thought I needed one or not; and shuffle down the hall and have a new chest x-ray taken each and every morning before 8 a.m., which then had to be carefully hand-carried back to my

ward and placed in a big envelop that hung from the foot of my bed.

I don't recall being given any medication, not even an aspirin, but I do remember the mean nurse who was religious about dragging me off to take my cold showers. She was also in charge of taking my temperature and recording it, and on my third day there, after yanking the thermometer from my mouth, reading it and shaking her head, she uttered her first words to me: "You know, soldier, if you don't get this temperature down, you're going to die."

Worse than feeling weaker than a noodle was the knowledge that if I missed more than four days of training with my pneumonia, I would have to be recycled, which meant I would have to start my basic training all over again with an entirely new group of inductees. At the time, death itself somehow seemed preferable, so as day four of my hospital stay began, I decided to take matters into my own hands. Knowing that the guy in the bunk next to me was almost better, and having observed that the doctor who came by and read our chest x-rays every afternoon never seemed to check the names on them, I waited until my next door neighbor was taking a nap and then traded x-

rays with him. And sure enough, later that afternoon, the ward doctor informed me that according to his latest reading of my latest x-ray (which of course wasn't really mine at all), I had made remarkable progress and that I would be returned to my platoon early the next morning, just in time to escape being recycled.

"You switched your diseased x-ray with a perfectly good one that belonged to some poor guy sleeping next to you?" my daughter asked me with shock when I told her the story for the first time yesterday.

"Well," I said in my defense, "I switched it back before I left the hospital."

"And no one ever found out?"

"Nope."

"And you got better -- even though you still had pneumonia when you left the hospital?"

"That's right -- although it took about a week or so. Oh, and I also learned a really great lesson, too."

"Well, I would hope so!"

"I learned that doctors are never as smart as we think they are, and that the very last place in the world you want to be if you're ever really sick is in a hospital."

'ACROSS THE BRIDGE': events around the West Sac region

African violets

On April 5-6, the Capital City African Violet Society will hold its annual judged show and sale at the Sacramento Garden and Arts Center, 3330 McKinley Boulevard in Sacramento. In addition to numerous plants and supplies, there will be expert advice

from longtime growers of African violets. Admission and parking is free.

Wildlife hike

On March 22nd, an early spring seasonal wetland hike will take place from 9 a.m. to noon at the Stone Lakes National Wildlife Refuge. You can

meet the docent at the Elk Grove gate, Elk Grove Boulevard, on the west side of Interstate 5. The trail consists of a 2 mile (roundtrip) flat semi-hard dirt trail leading through Central Valley seasonal wetland habitats. For

Please see BRIDGE, p. 5



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New books to check out from your local library

The Arthur F. Turner Branch Library has received the following new books:

"The Self-Sufficient Life and How to Live It: The Complete Back-to-Basics Guide."

"How to Repair Your Credit Score Now: Simple No Cost Methods You Can Put to Use Today" by Jamaine Burrell.

"American-Made: The Enduring Legacy of the WPA When FDR Put the Nation to Work" by Nick Taylor.

"Guiding Teens With Disabilities: Navigating the Transition from High School to Adulthood."

Obituaries



Barbara M. Griffin

Barbara Griffin lost her courageous two year battle with leukemia on March 11, 2008. She is survived by her loving and longtime constant companion, Dennis Barney; her

daughter, Debra Olson and son-in-law Devin Olson; her loving mother, Theresa Cobb; sisters, Sharon Tarkington and Virginia Biddle; granddaughter, Lauren Breen; and niece, Tammy Showalter. She was preceded in death by her husband, Jim "Griff" Griffin, and nephew Kevin Tarkington.

Barbara owned and operated Unique Pictures with her late husband, Griff. After his death, she opened the Silver Spur Lounge, formerly known as Johnny's Time Out. She loved life and enjoyed country music, dancing, traveling, and spending time with her sweet dog Fuzzy. She will be greatly missed by all those who knew and loved her.

A memorial service was held on March 17, 2008 at River Cities Funeral Chapel in West Sacramento.

away on March 13, 2008 with her family by her side. A third generation resident of Washington/Broderick, Dorothy was born in 1912 in her parents home in Broderick. She attended Washington Elementary School and graduated from Sacramento High School and Sacramento City College. She attended and taught at Standard Business School and was employed by the California State Department of Forestry for 37 years.

Dorothy was preceded in death by her parents, William and Belle Parkinson, and her sister, Willam Amen Parkinson. She is survived by her son, Roger Sornsen, and daughter-in-law, Freda Sornsen. She was a member of the American Baptist Church and the Broderick Lincoln Christian Center, served as the board secretary for the Washington Fire District for many years, and was a past member of Rebekah Lodge #246 I.O.O.F. Dixon. She also was the owner of the Senator Garage in Broderick, was a member of the West Sacramento Historical Society, was active in scouting in the 50s and 60s, and was a volunteer tutor for children.

Dorothy was an active world traveler with friends and family and was a positive person who was liked by all who knew her. Services will be held at Harry A. Nauman & Sons Chapel, 4041 Freeport Boulevard in Sacramento on March 19, 2008 at 10 a.m.



Dorothy I. Sornsen (Parkinson)

Dorothy Sornsen passed

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News submissions: The

News-Ledger welcomes information on local news and events. Please submit written news items to the below address by mail or in person, or through the office mail slot. News deadline is Friday before publication. Please include your name for attribution and your phone number in case we have any questions.

Opinion submissions: Letters to the Editor on topics of local interest are welcome. They must be signed, original, and must include the author's telephone number and address for verification. Letters should be brief and may be edited for length or objectionable or libelous content. Deadline is Friday before publication, and letters may be mailed or dropped off at the News-Ledger office.

Advertising: The deadline for classified advertisements is Monday at 5 p.m., and ads should be prepaid. An ad of up to 25 words costs \$3.50, plus 10 cents for each additional word, per publication. Please mail ad and payment to the address below, or drop it off in the News-Ledger office or through the office mail slot.

Deadline for all other advertising is 5 p.m. on Friday. Please call 371-8030 for information on display advertising and advertising inserts.

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SPORTS

SPORTS INSIDER

By Richard Novoa

The Oakland A's are closing up shop in Arizona this week as the "Green and Gold" move their spring training operations to the "Far East" in preparation for their regular season opener in Tokyo, Japan on March 25th against Boston. The A's 40th anniversary season will start with this historic Japanese road trip.

The A's will actually play two exhibition games in Tokyo. The first game is on Saturday, March 22nd followed by another game on Sunday, March 23rd. These two games will prepare them for their two early morning games against the Red Sox on March 25th Tuesday (ESPN2 - 3 a.m.) and Wednesday, March 26th (ESPN2-3 a.m.).

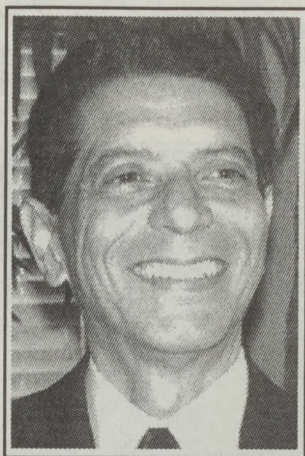
This year, the A's made a few trades to shake up their roster, but the one involving their All-Star pitcher, Dan Haren, to the Diamondbacks for a bunch of minor leaguers was a roster shaker. Hopefully the hand full of young players the A's received make the 40-man roster.

Also, general manager Billy Beane traded outfielder, Mark Kosay, to Atlanta and shipped Oakland and River Cats favorite, Nick Swisher to the White Sox for a couple of pitchers and outfielder Ryan Sweeney. These three transactions where the only major changes to the A's roster so basically Oakland are pretty much the same team that finished the 2007 (76-86) and 18 games behind the first place Angels.

The A's had an unusual training camp this spring inviting more than 170 players which is about 30 more players than normal with final cuts coming a little earlier this year on March 26th instead of April 1st.

After, the A's play their two regular season games in Japan they will return to the bay area to play a three game exhibition series against the Giants on starting on Friday, March 28th followed a home game on Saturday in Oakland before finishing the preseason Sunday, March 30th across the bay again at AT&T Park in San Francisco.

The A's, who make will



By Richard Novoa

make the trip to Japan without the services of All-Star third baseman Eric Chavez, who is still recovering from shoulder surgery, will be in another rebuilding year so expect the A's to finish in the middle of the Western Division.

So, kick back and relax because another baseball season is upon us so just be prepared for another long season and enjoy seeing many of the new River Cats players traveling down Hwy 80 to Oakland and proudly wearing the "Green and Gold" caps of the Oakland A's.

Kings Korner

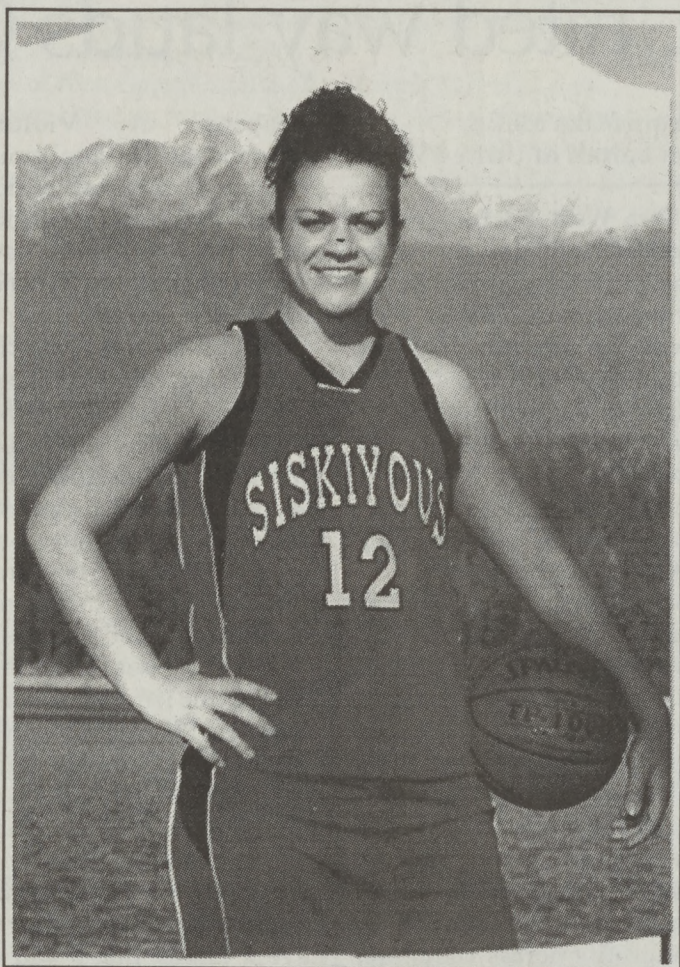
The Kings (30-36) are on a mini-roll after winning last Sunday against Toronto but with 16 games remaining this season the Kings are playing in cruise control. Coach Theus is still experimenting with his rotation especially with the new injuries to Spencer Hawes (foot injury) and Ron Artest, who is nursing a sore elbow, again!

Also, expect to see Sheldon Williams, who was pick up in the Bibby deal, to get more floor time. Speaking of Mike Bibby, the former Kings guard is playing his heart out in Atlanta and has the Hawks, who are currently in the 8th spot in the Eastern conference, in playoff contention.

The Kings will jet off to San Antonio on Friday night (5:30 p.m.-CSN) followed by another back-to-back game on Saturday (5 p.m.-CSN) in Memphis.

The Kings have nine home games remaining this season and have four more back-to-back series left before the

Former Raider plays on



Former River City High School basketball player ALLY WEST (2002-2006) is a starter on the College of the Siskiyou team this year, averaging 9.1 points and six rebounds per game. Last year -- her freshman year -- the squad went 26-4. This year the league champions are 24-6.

West was named second team All League in the Golden Valley Conference this year, and earlier this month her team defeated Sierra College to earn a spot at the Elite Eight State Tournament beginning last Thursday.

West plans on playing basketball for OIT in Klamath Falls as a transfer student next year.

seasons end. The Kings are 13-19 (.406) in those contests and 6-10 (.375) against opponents on the second game of the back-to-back.

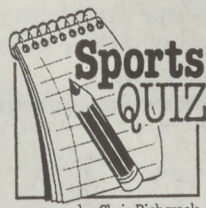
Korner Kicks

The U.S. Under-23 Men's National Team traveled to Nashville on Sunday, a day after capturing first place in Group A by defeating Honduras, and has begun preparations to take on Canada in the all-important semifinals. The other semi-final match will feature Guatemala against Honduras. The heavily favored Mexican team played poorly during the qualifying tournament and failed to win a spot in the semi-finals. The two winners of the semi-finals are guaranteed a spot in the 2008 Olympics games in August.

The U.S.A. will enjoy a few days off before taking on their northern neighbors with a berth to the 2008 Beijing Olympics on the line. The semi-finals in Nashville are set for Thursday, March 20th (5 p.m.). GO - USA!

NCAA Madness

The NCAA national championship basketball



by Chris Richcreek

1. Which team holds the major-league record for hitting into the most double plays in a season?
2. When was the last time the Kansas City Royals won a division title?
3. Three Florida Gators have won Heisman Trophies. Name them.
4. Name the last player to average at least 20 points and 10 assists per game for a season in the NBA.
5. Which goaltender holds the record for most starts in an NHL season?
6. Two countries have twice won gold medals in the Olympic team ski jumping event, which began in 1988. Name them.
7. How many times did golfer Betsy King win LPGA Player of the Year?

Answers, page four

RC tennis: two league wins

Capital Valley Conference (CVC) competition began for the River City High School tennis team last week with the Raiders winning contests against Sacramento Country Day (6-3) and Rio Linda (9-0).

In the first contest, girls singles players Cindy Yang and Yelena Ionova dropped just five games combined in their straight-set wins, and RC swept all four of the boys and

girls doubles matches, with wins by Doug Tipton and Dipak Patel (10-0), Phi Dinh and Vongsri Vang (10-3), Tamara Lopatin and Svetlana Istomin (10-1) and Yian Saetern and Ranika Prasad (10-0).

In the three matches the Raiders lost against the Cavaliers, Chris Salazar and

Please see TENNIS, p. 4

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7825 Creek Valley Circle \$122,500
Bank-owned
Great price on this three bedroom home located on a nice quiet street. Features include a spacious family room with fireplace, two car garage, central heat and air, and a large private backyard. Great curb appeal!
Chris Palamidessi 834-7003

1849 Zardo Way \$220,000
This Darling 3bd. 2 ba gem is ideal for first time buyers! Formal living room, family-rm w/ fireplace, large pantry, walk-in closets with elegant 10ft. ceilings & arched hallways. Backyard is ready to for baking and relaxing. Near schools, park and shopping.
Victoria Millan 955-4044

930 Casselman Drive \$250,000
Let the inside of this home impress you. Great large kitchen w/ newer white cabinets, dishwasher, stove, and double sink. Large family room & dining with a brick fire place. Huge master with large closet.
Dick Goodson Team 796-5805

2842 Nichols Court \$333,000
One-owner home on big corner lot. Awesome single-story floor plan w/ four bedrooms, vaulted ceilings, formal living/ dining room, oak & tile island kitchen with two ovens & dining bar, brick fireplace in spacious family room, master suite with patio access and soaking tub with window, great yard and much more!
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3184 Bodega Bay Road \$350,000
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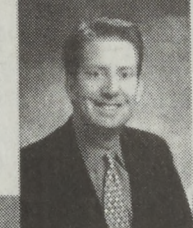


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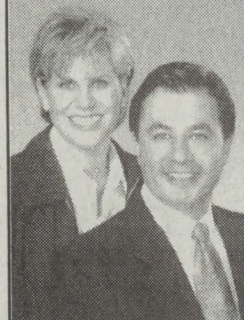
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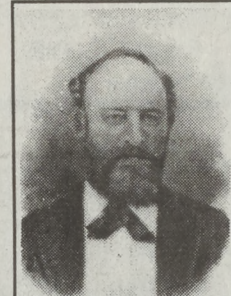
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Answers to puzzles (p. 8) and Sports Quiz (p. 3)

Go Figure! answers

3	+	1	+	7	10
x		x		+	
4	x	6	-	8	16
-		+		+	
2	x	4	+	9	17
10		10		24	

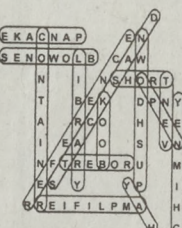
Weekly SUDOKU Answer

7	5	6	3	8	2	4	1	9
2	1	8	9	4	6	5	7	3
3	9	4	5	1	7	3	2	6
1	7	2	6	5	3	9	8	
9	6	3	7	2	8	1	5	4
4	8	5	1	9	3	7	2	
6	4	7	8	5	2	3	1	
8	3	9	2	7	1	6	4	5
5	2	1	6	3	4	9	8	7

Answers

- The Boston Red Sox hit into 174 double plays in 1990.
- In 1985, the Kansas City Royals won the AL West.
- Steve Spurrier (1966), Danny Wuerffel (1996) and Tim Tebow (2007).
- Magic Johnson averaged 22.3 points and 11.5 assists per game in the 1989-90 season.
- Grant Fuhr started 79 games for St. Louis in 1995-96.
- Finland (1988, 1992) and Germany (1994, 2002).
- Three times (1984, 1989, 1993).

Differences: 1. Apron is missing. 2. Boy's cap is turned forward. 3. Shorts are longer. 4. Items are missing from shelf. 5. There are more wall bricks. 6. Pipe is lower on wall.



Greenfeld to lead county school board

West Sacramento's Stuart "Stu" Greenfeld has been unanimously elected as president of the Yolo County Board of Education this month. Greenfeld's prior, professional career included terms as superintendent of

Washington Unified School District in West Sacramento and of the Coachella Valley Unified School District. He also served as Assistant Superintendent of Public Instruction for the State of California.

Greenfeld was elected to the Yolo County school board in November.

Mary Leland, a trustee of Washington Unified, will serve as the Yolo board's new vice president. The board

includes board members from the Davis, Esparto, Washington and Woodland school districts, the County Office of Education, and the Los Rios and Yuba community college district boards.

United way lauds O'Donoghue, Watson

From Mike McCey
On behalf of United Way

Two West Sacramentans were among those honored by the charity fundraising organization United Way earlier this month. One was Colleen O'Donoghue.

Colleen O'Donoghue never saw herself as a public speaker, yet countless speeches and one documentary later, speaking has become her mission.

The DMV employee has turned her experience with domestic violence into a tool to help other women struggling with the same issue. She recently spoke at a celebration of the California State Employees Charitable Campaign, an annual opportunity for state employees to donate to nonprofits across the state, including groups like WEAVE, which helped open her eyes to the truth about domestic violence.

"Even though it was hard at first to talk about my experience publicly, I knew I had to," O'Donoghue said. "I didn't want anyone else to stay in that situation one minute longer than they had to, like I did."

In the late '80s, O'Donoghue was working for the state of California when she met her future husband.

"He seemed to be so kind and nurturing," she said. "He was a professional and well-respected."

Within months of marriage, his personality changed, and he became verbally and physically abusive. When O'Donoghue was three months pregnant with their daughter, he picked her up out of bed by her bathrobe and dropped her onto their hardwood floor.

Following textbook domestic violence, he vowed to change and they began attending counseling sessions at church. He would often retaliate for her speaking openly in the session.

"He wasn't a drinker and he didn't do drugs," O'Donoghue said. "So I honestly thought my situation was different. I just didn't know enough about domestic violence."

O'Donoghue left several times, staying in shelters with her daughter, but always returning after his threats to harm her and those she loved if she did not return.

In 1993, she found WEAVE, an acronym for Women

Escaping A Violent Environment. The local group provides crisis intervention services, as well as prevention education, to women who have experienced domestic violence and sexual assault.

"WEAVE told me about the cycle of domestic violence," O'Donoghue said. "And I realized that was exactly what I was going through. Abusers keep you so isolated that you think you're the only one going through it—that somehow you're different. This really opened my eyes."

Three years later, O'Donoghue left for good.

"One day I looked at my five-year-old daughter and realized she had no personality—she was frightened all the time and never smiled," she said. "She was such a beautiful girl. I knew that if I wanted her to have a happy life, I had to leave. Besides, I was dead inside and didn't care anymore about his threats to harm me. So I left, and I never looked back."

O'Donoghue and her daughter went to live with her mother and father. Two years later, she volunteered to work the phones at WEAVE and was asked to participate in a documentary on domestic violence for KVIE. She hesitated, but accepted, knowing it would help other women. Soon her face was displayed on TV and posters around Sacramento and she was helping with WEAVE's "Break the Silence on Domestic Violence" campaign. When the documentary aired, O'Donoghue's face and name were featured in the advertisements, which ran every 10 minutes.

With the story public, O'Donoghue's now ex-husband moved to Florida to escape the publicity and be near his family.

It was a matter of months before O'Donoghue received a phone call from his mother that his family was seeking a restraining order against him. When O'Donoghue shared her story with them and sent them a copy of the documentary, she received her last phone call from the man who had abused her.

"He told me if I talked to anyone else, he would kill me," she said. "I told him, 'I don't care what you say you're going to do. You'll never stop me from speaking out and helping people who are involved in a violent relationship.' To this day, no one knows where he lives."



ABOVE: Colleen O'Donoghue (left) with Kathleen Morris

BELOW: Omar Watson (right) with Michael Zulin of the California Department of Corrections & Rehabilitation



In 2006, O'Donoghue signed up through DMV to serve as a loaned executive on the California State Employees Charitable Campaign. While serving as a loaned executive, O'Donoghue bought her first home.

"I learned about so many nonprofits as a loaned executive," she said. "I looked back at my life and suddenly I could see the connectivity of the nonprofit world. One of the state agencies that I supported as a loaned executive was the same agency that gave me the loan for my first home. I was also promoting WEAVE, and I realized how many of the groups had helped me or my family."

Today, O'Donoghue is working for DMV and makes regular trips to see her ex-husband's family in Florida. This past year, her daughter graduated from high school.

"The experience was part of my life," O'Donoghue said. "I learned from it and moved

forward with helping other people. Also, I gained a beautiful daughter who is happy and healthy."

United Way also honored Omar Watson of West Sacramento as one of three "loaned" executives of the year during the 2007 California State Employees Charitable Campaign, which raises funds for California nonprofits. Watson works for the California Highway Patrol.

"Omar was committed from day one," said Kathleen Morris, senior manager for the campaign. "Right after training, he was out the door meeting with CHP leadership in the region and securing commitments from top-ranking personnel."

CHP raised more than \$560,000 for the campaign. More than 51,000 state employees pledged more than \$8.7 million to local nonprofits through the campaign.

Freedom of the press is not an end in itself but a means to the end of a free society.
—Felix Frankfurter

TENNIS from p. 3

Jimmy Saetern each won the first set of their boys singles contests before dropping the second and third sets, while Sarah Aguilar and Thomas Thao fell 6-10 in mixed doubles.

Rio Linda came to West Sacramento last Thursday and the hosts blanked the Knights 9-0. Salazar took the #1 boys singles match 6-2, 6-1 and Tipton won 6-1, 6-1 at #2. In girls singles, Yang and Ionova both won their matches, and in the doubles matches, Lopatin and Istomin, Yian Saetern and Prasad, Aguilar and Vinh Vu, and Patel and Jimmy Saetern also scored victories.

The week concluded with a

non-league match in Angels Camp against Bret Harte, which the Raiders won 7-0. Playing shortened matches due to bad weather, Ionova and Yang led the way with 8-1 and 8-4 wins in girls singles. On the boys side, Salazar (8-5) and Tipton (8-5) won their singles matches and in doubles action, Lopatin and Istomin (8-3), Dinh and Jimmy Saetern (8-6) and Patel and Yian Saetern (8-7) also won.

RC travels to Marysville today and then Auburn tomorrow to play Forest Lake Christian in non-league matches. Next week, the Raiders will host El Dorado on March 27th at 3:30 p.m.

CABALDON from p. 1

throughout a campaign."

Cabaldon responded:

"(Yamada) simply has not been able to generate support among grass-roots donors," he said. "She neglected to mention that (Democratic incumbent) Lois Wolk didn't take the limits, and that (Assemblymen) Darrell Steinberg and Dave Jones didn't take them. Most Assemblymen don't take them. A large portion of the money spent in legislative races is going to be spent by

independent groups you cannot control. It is irresponsible to agree to tie one hand behind your back when there are special-interest groups that may spend a half-million dollars to beat you."

Yamada's campaign documents show her trailing the fundraising. She entered 2008 with a little over \$100,000 cash in hand after generating \$138,650 in contributions from July to December.

POLICE LOG

March 12, 6:30 a.m.

A vehicle was reported stolen on Coffeeberry Road.

March 12, 7:57 a.m.

About \$500 or \$600 in cash was reported stolen from a business on the 1700-block of West Capitol.

March 12, 8:30 a.m.

The tires of a pickup truck parked on Reuter Drive were reported slashed.

March 12, 9:07 a.m.

A worker changing the locks on a foreclosed home on Squaw Road set off the house's alarm, and was awaiting police.

March 12, 11:39 a.m.

A man reported that his grandson was being bullied at a school in the south area.

March 12, 11:48 a.m.

A caller reported that a group of four juveniles was smoking drugs on the 1900-block of Merkley Avenue.

March 12, 11:56 a.m.

A Stone Boulevard medical office reported that a patient who had threatened to blow up the building, and who made a threat over the phone to assault an employee, was now in the

lobby.

March 12, 12:10 p.m.

Two women were seen stripping wires in the back of a truck at the Broderick boat ramp.

March 12, 12:26 p.m.

A small chlorine leak was reported to have occurred at the city drinking water treatment plant.

March 12, 12:28 p.m.

A Haverhill Street woman reported that her dog had thrown up a plastic bag containing a brown substance, possibly drugs, that she believes a neighbor gave to the dog.

March 12, 1:32 p.m.

A model home on Greenbrier Road was burglarized. Someone made off with about \$1,500 worth of major appliances.

March 12, 2:55 p.m.

A caller reported that a man who had been allowed to stay at a mobilehome on West Capitol Avenue for two weeks was now "squatting" and refusing to leave.

March 12, 3:09 p.m.

The license plates from a vehicle at the 4000-block of

Jefferson Blvd. were missing, and were believed stolen recently.

March 12, 4:49 p.m.

A caller from a business on Riverpoint Court asked police "what can be done" about subjects at the business site trying to collect signatures from customers.

March 12

A woman reported that her vehicle was shot at on the 2800-block of West Capitol, and that she was bleeding from the leg.

March 12, 7:46 p.m.

A caller from Southport reported finding nude pictures of small children from the residence posted on an Internet site.

March 12, 2 p.m.

A car was reported burglarized on Summerfield Drive.

March 12, 7:46 p.m.

A 1985 Ford Mustang was reported stolen or burglarized on the 1500-block of Park.

March 12, 11 p.m.

An officer contacted a 24-year old May Street man, who then fled into a residence. The

man was detained and found in the possession of drugs, and was arrested for violating parole.

March 13, 5 p.m.

The window on a vehicle parked on South River Road was found broken.

March 13, 3:30 p.m.

Someone broke the rear side window of a vehicle parked on Lighthouse Drive.

March 13, 12:21 p.m.

An Allan Avenue resident reported that a delivery company had dropped off a box containing a computer hard drive when no one was home—and the box had been stolen.

March 13, 2:33 a.m.

A 2nd Street woman said someone had just broken a front window at her home.

March 13, 5 a.m.

A man reported the vandalism of a vehicle on the 600-block of Harbor Boulevard.

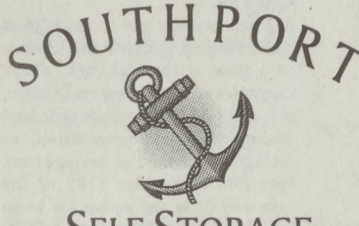
March 13, 10:40 a.m.

A Pine Street residence was reported burglarized. Missing were stereos, jewelry, a video game system and a safe.

March 13

A Ferndale Court resident reported that someone had

charged \$545 on the resident's bank account.



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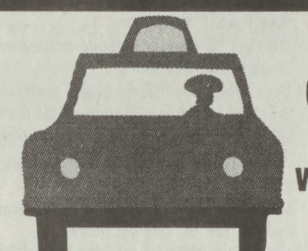
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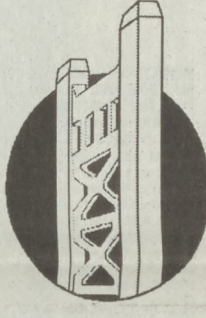
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Winning speech: 'The Power of One,' by River City High junior Adam Araza

River City High School junior Adam Araza won the Rotary Club of West Sacramento's local-level Student Speech Contest last Friday at the Club Pheasant Restaurant.

The contest was part of Rotary International District 5180's annual student speech competition held this month at Rotary clubs throughout Northern California.

Speaking on the topic, "The Power of One", Adam won \$200 in cash and the right to advance to the area-level semi-final competition to be held in April. The winner there will take home \$250 in cash and advance to the District finals to be held May 9 at the Montbleu Resort in Stateline, Nevada where four students will compete for \$3,000 in cash prizes.

RCHS junior Mee Vang won 2nd place and a \$100 cash award, and sophomore Lyuba



Karnaukh was the 3rd Place winner, earning a \$50 cash award.

ABOVE: Lyuba Karnaukh, Adam Araza & Mee Vang: winners of Rotary Club annual students' speech contest

BRIDGE from p. 2—

more information visit www.fws.gov/stonelakes.

SCC music

The Sacramento City College World Music Ensemble, directed by Bob Wren, will present its second "Around the World" music session on April 3rd from 7-9:30 p.m. at Cafe Refugio, located at 1901 Del Paso Boulevard in Sacramento. Admission is free and the public is invited to listen and participate.

Luther Burbank fundraiser

School alumni are launching "Friends of Luther Burbank", a support group whose purpose is to raise funds for student activities, with an informal concert and picnic party, featuring the Burbank Ban on March 27th from 5-8 p.m. at the high school in Sacramento.

Down syndrome information

The Down Syndrome Information Alliance Education Series features programs on the first Tuesday of each month with the hope of improving the knowledge of individuals and families affected by Down syndrome. Experts

in education, advocacy, health care, etc., make presentations and a free light dinner and childcare is provided. The Down Syndrome Information Alliance meets at the Sutter Cancer Center, 2800 L Street in Sacramento. For more information, call 658-1686 or visit www.downsyndromeinfo.org.

Alzheimer's society meets

The Alzheimer's Aid Society of Northern California Support Group for the Memory Impaired will meet the 2nd and 4th Wednesday in March at 10:30 a.m. at the Alzheimer's Aid Society Office, 2641 Cottage Way, Suite #4 in Sacramento. For more information on other related groups and meetings, call 448-7001.

Widowed persons meet

The Widowed Persons Association of California encourages widowed men and women to come to Sunday Support get-togethers each Sunday from 3-5 p.m. at the Widowed Persons Association office, located at 2628 El Camino Avenue, Suite D-18.

For more information, call 972-9722.

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OPINION

FROM THE MAILBAG:

Letters to the Editor

'Bad press' for Sen. Broderick

I read your editorial in Wednesday March 12 News-Ledger and was quite disturbed. I have done years of research on David C. Broderick and have visited the Library of Congress in my research. Briefly:

David C. Broderick was an early California pioneer from New York who arrived in San Francisco in 1849.

To list several of his accomplishments in early California

He helped create the first fire department of San Francisco.

He was one of the first State Senators.

He served as one of the first Lt. Governors of California.

He served as a United States Senator.

He was violently opposed to slavery, and the entrance of slavery into California and for that he was killed in a duel. He was shot by David Terry who was a southern sympathesizer.

The United States Postmaster in the early 1900s changed the Washington Post Office name to Broderick in commemoration of this early Californian.

To use Herbert Asbury as an authority is stretching it, since he is not a historian, and most of his literary contributions are considered "informal" interpretations of the events. I would be happy to share my research with anyone who is interested. I am tired of all the "bad press" the name of Broderick has had to endure.

You should be ashamed.

LANA PAULHAMUS

PAST PRESIDENT OF THE WEST SACRAMENTO HISTORICAL SOCIETY
West Sacramento

Developer's money

Last Wednesday's City Council meeting (03/12/08) featured a presentation by David Stroud of ASB Properties on his proposed Yarbrough project in Southport. Before Mr. Stroud's presentation, I took the podium and with a printout from the Secretary of State's office in hand I pointed out to the Mayor over \$26,000 dollars in campaign contributions that he had received from ASB Properties for his current assembly race.

I then asked the Mayor to recuse himself from voting on Mr. Stroud's request to scrap the City's General Plan and the Southport Framework Plan of 16,109 rooftops and grant his company an additional 1,800 homes above the current plan. Before sitting down I

also pointed out to the Mayor that Mark Johannessen had been required to recuse himself simply

because he owned property near the area of the Yarbrough Development.

Finally, I added that Mr. Johannessen's conflict of interest was less substantial than his own. I don't know whose idea it was for Councilman Johannessen to recuse himself, or what the underlying motives were, but the Mayor clearly has a conflict of interest of even greater proportion and should obviously refrain from voting on the Yarbrough project, as it appears to the public that his vote has been bought and paid for.

What really upsets me is that I was not even afforded a response from Mayor Cabaldon. All I received was a glassy eyed stare and then he continued to participate in the agenda item like nothing had ever occurred.

It is time we demand behavior like this from our elected officials to stop. Arrogance and representation on behalf of special interests should not be tolerated from our elected officials.

PAUL WARRICK

West Sacramento

More on mayor, money

Last Wednesday's City Council meeting was an eye opener. It started with Mayor Cabaldon being asked to abstain from voting on the Yarbrough project because this developer has given him nearly \$30,000 for his Assembly race against Mariko Yamada. It was insightful the way the Mayor just sat there and did not even respond to the request to abstain, while Council Member Johannessen left

the chambers because he owns a lot near the proposed project.

The Yarbrough project then went on to receive praise from the Mayor and his minions, despite the fact that it will require a great number of amendments to the General plan and the Southport Framework Plan. The Richland project (River Park) presented after Yarbrough and it was very obvious that they did not contribute as much to the Mayor because they were criticized for plan details for which Yarbrough got a free pass.

The real shock was when shortly after 10:00 PM, Arkad Management finally received their opportunity to present. This developer has an infill project that also proposes green building methods. The Mayor informed their presenter that they had 3 minutes [to speak]

even though the other developers had received unlimited time. The Mayor used the excuse that 30 people had filled out requests to speak on Arkad's behalf, although by that hour, all but about a half dozen had gone home. After the architect for Arkad was cut short on her presentation, the developer asked that his item be continued to the next meeting.

I have been attending Council meets since the incorporation of the City of West Sacramento. I have never seen a developer's presenter be limited to the 3 minute time clock. The direction to the development community is clear, you had better donate a lot to the Mayor's campaigns if you want to receive a more than fair hearing. It doesn't matter if your project is green or not, unless the green is a large cash donation to the mayor.

IRENE EKLUND

West Sacramento

Gang signs weren't in play

The review written by Mary Lynn Fisher was beautifully written about a play I'd only seen through the River City High School drama class this year. I was fortunate to be able to be a part of the massive amount of work the kids and Mr. Duff did in everything that made Shakespeare's Midsummer Night's

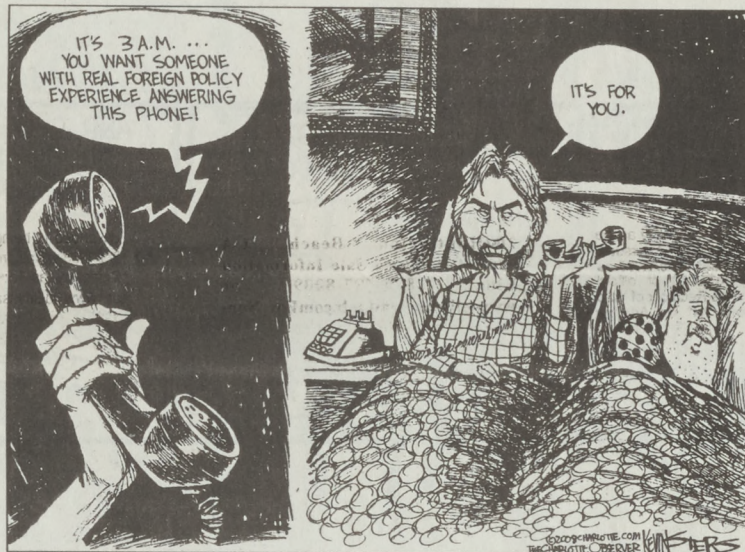
Dream so special to me. I was happily reading the article and then came to a paragraph that said, "I've attended the Shakespeare Festival in Ashland, Oregon for 15 years and I've never seen them throw gang signs. However, in Duff's production, actors seamlessly incorporated current elements to draw big laughs."

I don't know if she is referring to the play itself or the picture in the paper. My family and/or I were in attendance every night of the play and gang signs were not intentionally or accidentally incorporated in this production. As for the picture, it is clear the kids were doing bunny ears, peace signs, the lion's hands mimicking claws and the chink in the wall which was a very funny part of the play.

Knowing these kids, I was immediately offended by this statement. These kids who not only are full-time students with good grades, but they also work in the job field. Mr. Duff not only teaches all day at school, but puts in countless hours of his unpaid time for the love of his kids and sharing his passion for the arts. This one paragraph about the gang signs put a negative twist on an otherwise beautiful article that the kids, parents and Mr. Duff would and still should be proud to read.

BARBARA SCHULZ

West Sacramento



NOTICE OF LIEN SALE

Notice is hereby given that the vehicle described below will be sold by the undersigned at public auction to satisfy a lien at 10:00 a.m. on March 27, 2008, at 2230 Rice Avenue, West Sacramento, CA 95691.

License number: UP34102. Registered in 2007 in State of California. VIN: 1FUPDSB3XDA04106. Make: FRGHT. Year: 1999. Body type: TR.

Dollar Tow Company, 2230 Rice Ave., West Sacramento, CA 95691, phone: (916) 372-7458. March 19

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: **Rubix Computers, 1607 L. St., Davis, CA 95616, Yolo County** Andrew Jackura, 1607 L. St., Davis, CA 95616 Josiah Spartz, 3304 Morro Bay Ave., Davis, CA 95616 This business is conducted by General Partnership The registrant commenced to transact business under the fictitious business name or names listed above on 12-22-2007.

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/Andrew Jackura S/Josiah Spartz This statement was filed with the County Clerk of Yolo on March 06, 2008.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

3/19/2008, 4:2, 4/8/08 CNS-12982368

NEWS-LEDGER

TSG No.: 3543999 TS No.: 20079019205269 FHV/VA/PMI No.: Notice Of Trustee's Sale YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 4/4/2006 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 4/8/2008 at 12:45 PM First American Loanstar Trustee Services, as duly appointed Trustee under and pursuant to Deed of Trust recorded 04/20/2006, as Instrument No. 2006-0015638-00, in book , page, of Official Records in the office of the County Recorder of Yolo County, State of California. Executed by: Maria Perez, will sell at public auction to highest bidder for cash, cashier's check/cash equivalent or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States) At the north entrance to the West Sacramento City Hall located at 1110 West Capitol Avenue, West Sacramento, CA All right, title and interest conveyed to and now held by I under said Deed of Trust in the property situated in said County and State described as: As more fully described in the above mentioned Deed of Trust APN# 008-322-25-1 The street address and other common designation, if any, of the real property described above is purported to be:

415 McKinley Way West Sacramento, CA 95691 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$243,629.32 The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election

to Sell. The undersigned caused said Notice of Default and Election to sell to be recorded in the County where the real property is located. Date: 3/19/2008 First American Title Insurance Company First American LoanStar Trustee Services 3 First American Way Santa Ana, CA 92707 First American Loanstar Trustee Services may be acting as a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. Original document signed by Authorized Agent Chet Scoryers - For Trustee's Sale Information Please Call (714) 573-1965 P374459 3/19, 3/26, 04/02/2008

T.S. No. 07-11141-CA Loan No. 2000194434 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/27/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Jose Matamoros and Stacey Matamoros, husband and wife, as joint tenants Duly Appointed Trustee: Financial Title Company Recorded 05/31/2006 as Instrument No. 2006-0021323-00 in book , page of Official

Records in the Office of the Recorder of Yolo County, California, Date of Sale: 4/8/2008 at 12:45 PM Place of Sale: At the north entrance to the West Sacramento City Hall located at 1110 West Capitol Avenue, West Sacramento, CA Estimated amount of unpaid balance and other charges: \$500,864.71 Street Address or other common designation of real property: 3841 Prosser ST West Sacramento, CA 95691 Legal Description: As more fully described in said Deed of Trust A.P.N.: 072-261-17-1 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the

location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Date: 3/18/2008 Financial Title Company Trustees Sale Information 714-573-1965 www.priorityposting.com Shena La Rue, Authorized Signor Financial Title Company, 4 Hutton Centre Ave #100 Santa Ana, CA 92707 714-668-8420 P380333 3/19, 3/26, 04/02/2008

Trustee Sale No.: 20070134011739 Title Order No.: 1149194 FHV/VA/PMI No.: NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 1/10/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NDex West, LLC, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 01/20/2006 as Instrument No. 2006-0002570 of official records in the office of the County Recorder of Yolo County, State of California. Executed By: Enrique Ayala and Mauricio Ayala Jimenez, will sell at public auction to highest bidder for cash, cashier's check/cash equivalent or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States). Date of Sale: 4/8/2008 Time of Sale: 12:45 PM Place of Sale: At the north entrance to the West Sacramento City Hall located at 1110 West Capitol Avenue, West Sacramento, CA Street Address and other common designation, if any, of the real property described above is purported to be: 3208 Santa Cruz Road West

Sacramento, CA 95691 APN#: 045-570-40-1 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$378,076.06. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to sell to be recorded in the County where the real property is located. For Trustee Sale Information Please Call: Priority Posting & Publication 17501 Irvine Blvd., Suite One Tustin, CA 92780 714-573-1965 www.priorityposting.com NDex West, LLC as Authorized Agent Dated: 3/14/2008 NDex West, LLC may be acting as a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. P380624 3/19, 3/26, 04/02/2008

NOTICE TO CONTRACTORS WEED ABATEMENT SERVICES 2008

NOTICE IS HEREBY GIVEN, that sealed bids will be received at the Administrative offices of the Fire Department of West Sacramento, 2040 Lake Washington Blvd., West Sacramento, California until the hour of 2:00 P.M. on March 28, 2008. After which said bids will be publicly opened.

Said bids must be addressed "Fire Marshal, City of West Sacramento Fire Department. 2040 Lake Washington Blvd., West Sacramento, California, 95691" and endorsed, "Sealed Bid, Weed Abatement Services-

2008," and delivered to the "Fire Marshal", at or before 2:00 P.M. on March 28, 2008.

All bids shall be accompanied by a check payable to the order of the City of West Sacramento for fifteen hundred dollars (\$1,500.00) or by a bond for fifteen hundred dollars (\$1,500.00), payable to the City of West Sacramento, signed by the bidder and a corporate surety or by the bidder and two sureties who shall justify said bond before any office competent to administer an oath. Said check shall be forfeited or said bond shall become payable to the City of West Sacramento in case the bidder depositing same does not, within fifteen days after written notice that the contract has been awarded to him, enter into a contract with the City.

Contractor shall furnish to City a labor and materials bond and a performance bond, in full compliance with the requirements for such bonds for public agency projects, each in the amount of fifteen thousand dollars (\$15,000.00). The contractor awarded the contract may elect to receive one hundred percent (100%) of the payments due under the contract from time to time, without retention of any portion of the payment by the City, by depositing securities or equivalent value with City in accordance with the provisions of Section 4590 of the Government Code. Such securities, if deposited by the contractor, shall be valued by the City's Director of Finance, whose decision on valuation of this security shall be final.

The contractor's bid shall include prices (Exhibit E), the requirements of the Contract For Weed Abatement Services and all Exhibits attached to the Contract For Weed Abatement Services. City reserves the privilege of rejecting any and all bids or of waiving any irregularities or informalities in any bid or in the bidding.

City requires payment of prevailing rates of wages for the crafts classifications or types of workmen required for the work and the locality of the work. Prevailing wage rates are available from the Department of Industrial Relations, Division of Labor Statistics and Research, (415) 703-4286.

Contract documents, specifications and bid forms for the work may be obtained free of charge from the Fire Department and may be inspected by prospective bidders during office hours after March 12, 2008.

CITY OF WEST SACRAMENTO
Krissy Rankin
City Clerk

March 19 26

Fictitious Business Name Statement Filed Feb 19, 2008 File No. 2008-180

The following person is doing business as Cairn's Your Look, 1616 Portsmouth St., West Sacramento CA 95691:

Cairn Rodrigues, same address. This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 2/4/08.

/s/Cairn Rodrigues, owner I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Feb 19, 2008
by: /s/Isabel Becerra, Deputy Clerk
Mar 19 26 Apr 2 9

PUZZLES & COMICS

R.F.D.

by Mike Marland



Mama's Boyz

by Jerry Craft



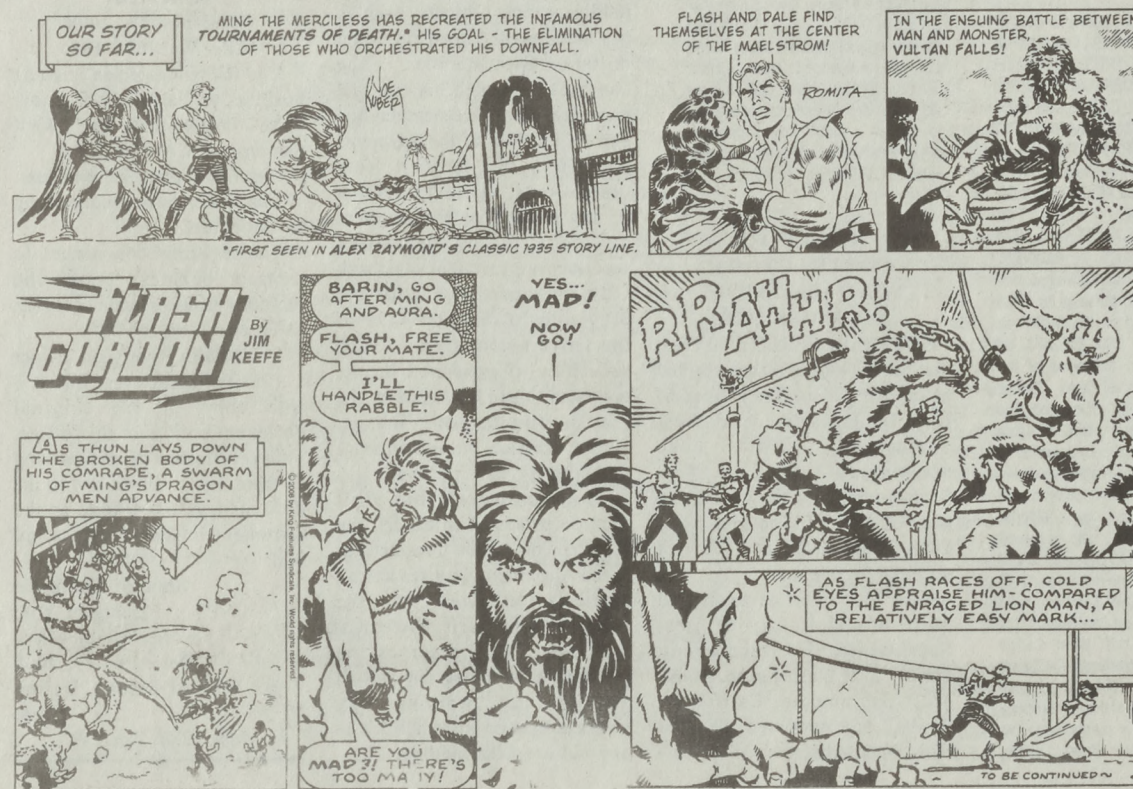
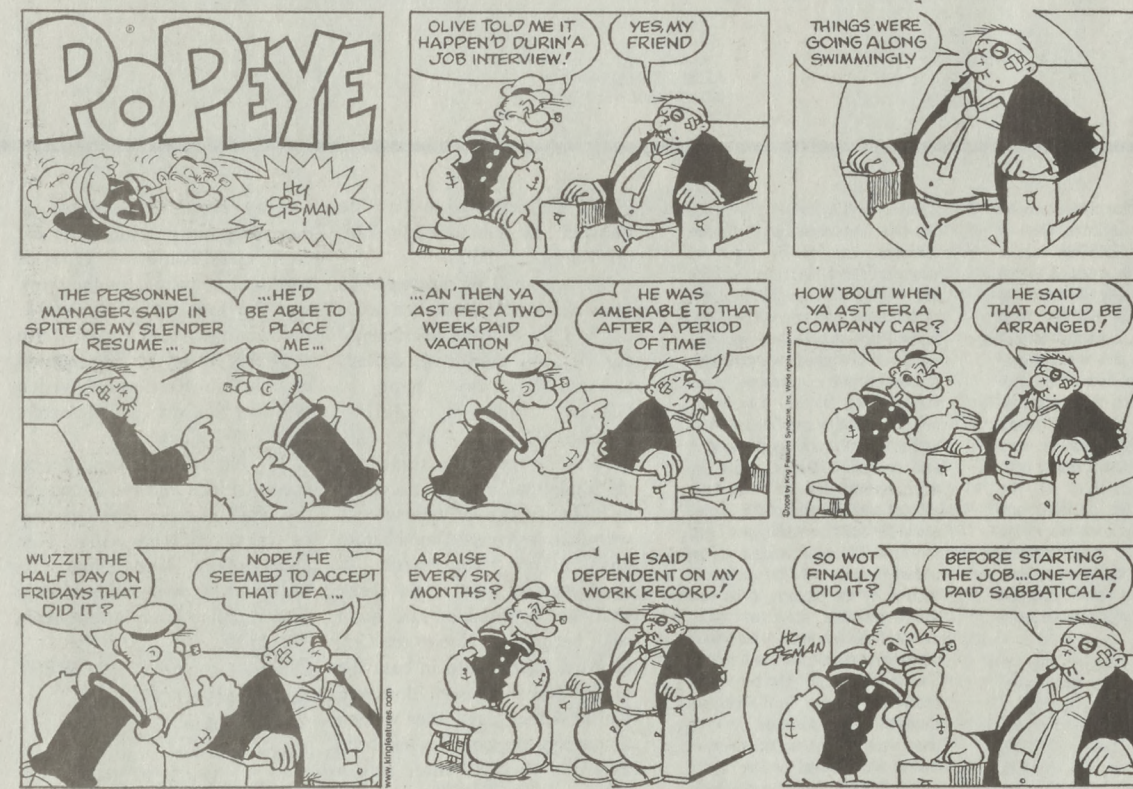
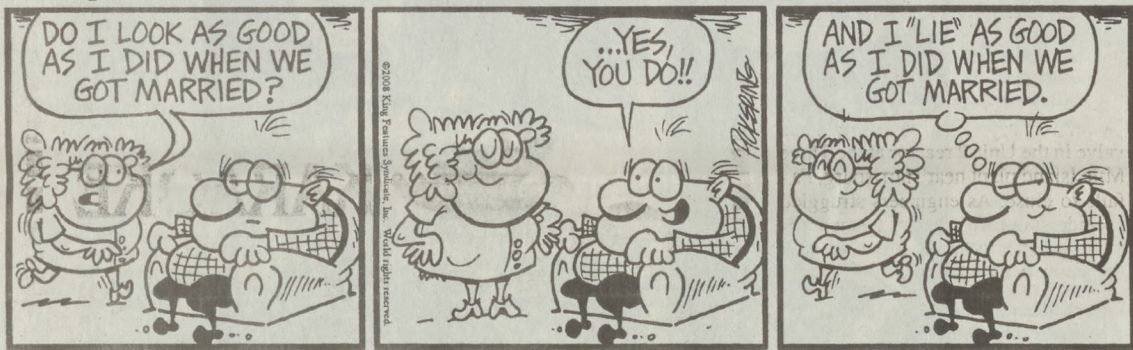
Amber Waves

by Dave Phipps



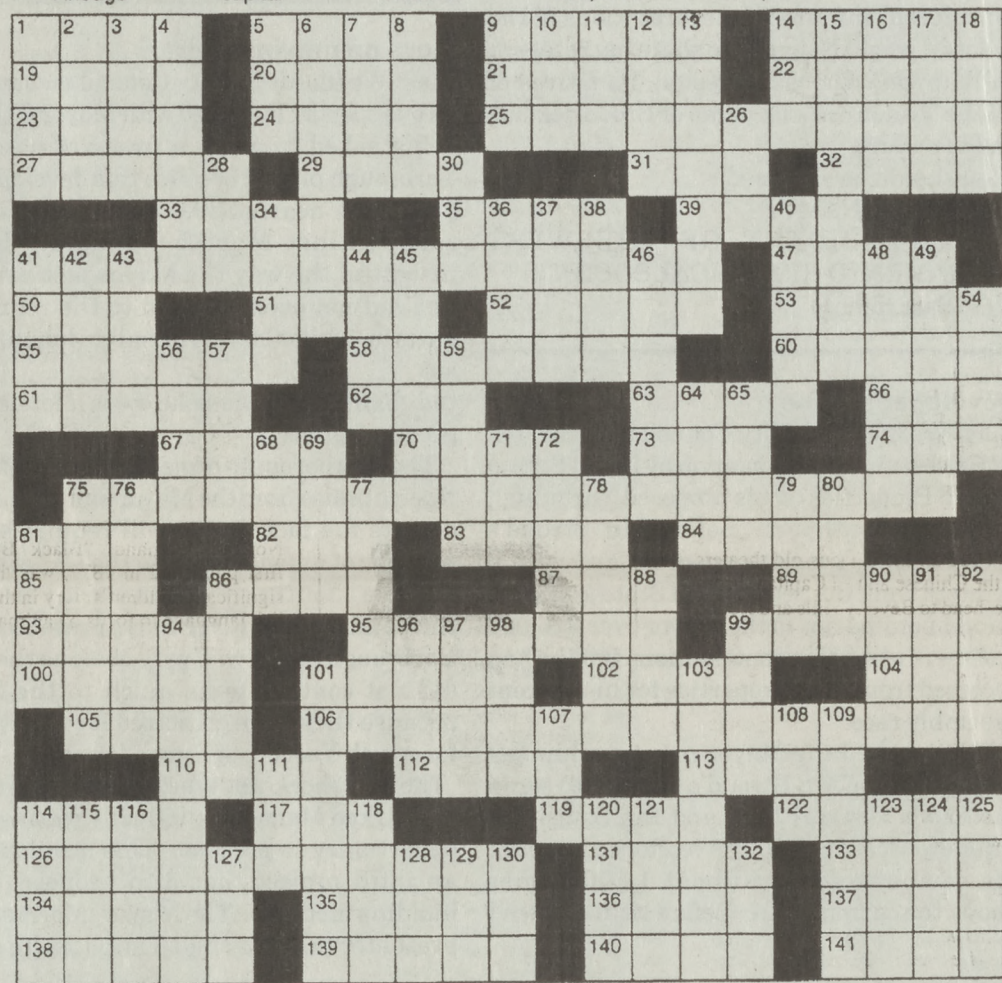
The Spats

by Jeff Pickering



Super Crossword

- ACROSS**
- 1 Stromboli spew
 - 5 "Waterloo" rockers
 - 9 Envelops
 - 14 Gaiters
 - 19 Mideastern muck-a-muck
 - 20 Spooky Stoker
 - 21 Disprove
 - 22 Let
 - 23 General Bradley
 - 24 Rustic tower
 - 25 Start of a remark by
 - 27 Athenian sage
 - 29 Indian sectarian
 - 31 Airport abbr.
 - 32 Good-sized
 - 33 Author Jessamyn
 - 35 With 81 Down, '44 chemist
 - 39 Nobel Hatch's home
 - 41 Part 2 of remark
 - 47 TV's "The Love —"
 - 50 Santa —, CA
 - 51 "Oh, woe!"
 - 52 TV exec Arledge
 - 53 Citified
 - 55 Like a dachshund
 - 58 Cozy cloth
 - 60 Marten
 - 61 — bear
 - 62 Asian holiday
 - 63 Skilled
 - 66 Scottsboro's st.
 - 67 Rubberneck
 - 70 Morlocks' prey
 - 73 Mexican Mrs.
 - 74 Point
 - 75 Part 3 of remark
 - 81 Crone
 - 82 R-V hookup
 - 83 Head for the clouds
 - 84 Actress Purviance
 - 85 Khan opener?
 - 86 ER
 - 87 Minify a midi, maybe?
 - 89 Top-drawer
 - 93 Feeling
 - 95 Like a gymnast
 - 99 5 Across's home
 - 100 Michael of "Dynasty"
 - 101 Schell or Shriver
 - 102 European capital
 - 104 Foster's "— Dog Tray"
 - 105 Half-baked?
 - 106 End of remark
 - 110 McGregor of "Train-spotting"
 - 112 Creme — creme
 - 113 Bathday cake?
 - 114 — League
 - 117 Fond du —, WI
 - 119 Metric measure
 - 122 Pulsate
 - 126 Speaker of remark
 - 131 Writer Fendell
 - 133 Autumn implement
 - 134 Boredom
 - 135 Draw forth
 - 136 Exercise aftermath
 - 137 Brute
 - 138 Prepares cherries
 - 139 Hazardous gas
 - 140 — tetra
 - 141 Tide type
- DOWN**
- 1 Composer Janacek
 - 2 Bullets, briefly
 - 3 Lab vessel
 - 4 Cupid's missiles
 - 5 Pecs' partners
 - 6 "The — Stomp" ('61 hit)
 - 7 Part of Indonesia
 - 8 Out of control
 - 9 Twisted
 - 10 Rock's — Speed-wagon
 - 11 — Dhab
 - 12 Purple hue
 - 13 Lawyer's concern
 - 14 Bando of baseball
 - 15 Excess
 - 16 Jai —
 - 17 Haynes or Fundgren
 - 18 Fluctuate
 - 26 "Unforgettable" name
 - 28 Born
 - 30 Torrid
 - 34 Corset part
 - 36 Aquatic bird
 - 37 '82 Jeff Bridges film
 - 38 Hautboy
 - 40 Liplash?
 - 41 Door hardware
 - 42 In the know
 - 43 Julia of "Havana"
 - 44 Float
 - 45 In the arms of Morpheus
 - 46 Loosen the ropes
 - 48 Conductor Claudio
 - 49 Fat stuff
 - 54 Shipshape
 - 56 Unfashionable eyewear?
 - 57 Wild child
 - 59 Reference volume
 - 64 Soft cheese
 - 65 Arrive at Kennedy
 - 68 "Yo!" at the library
 - 69 Singer James
 - 71 Lennon's lady
 - 72 "My Own Private —" ('91 film)
 - 75 Endangered feline
 - 76 Kampala's country
 - 77 Sheriff's quarry
 - 78 Aftershock
 - 79 Had no doubts
 - 80 Patriot Nathan
 - 81 See 35 Across
 - 86 Creature for taming?
 - 88 Kid's creation?
 - 90 Matinee —
 - 91 Reveal
 - 92 They may be split
 - 94 It's all in your head
 - 96 Angered
 - 97 Location
 - 98 Comic Mort
 - 99 Mediocre
 - 101 Superintendant
 - 103 Basutoland, today
 - 107 Acorn, eventually
 - 108 Welcome item?
 - 109 "Silkwood" screenwriter
 - 111 Flagon
 - 114 Very long time
 - 115 Flat rate
 - 116 Excellent
 - 118 Musical finale
 - 120 Where to speak Farsi
 - 121 Last name in publishing
 - 123 Frenzy
 - 124 Creole veggie
 - 125 Freeway sound
 - 127 "Platoon" extras
 - 128 "Father Knows Best" kid
 - 129 Author Umberto
 - 130 Actor Cario
 - 132 Lady lobster



Answers to puzzles are on Page 4

GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	÷	+		10
X		X		+
	X		—	16
—		+		+
X		+		17
10	10		24	

DIFFICULTY: **

* Moderate ** Difficult *** GO FIGURE!

1 2 3 4 4 6 7 8 9

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Weekly SUDOKU

by Linda Thistle

7	5	3		4				
	8			6				3
9			1		2			
1		4					8	
	3		2		5			
8				3	7	6		
6			5	9	3			
	9			1	6			
2	6						7	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

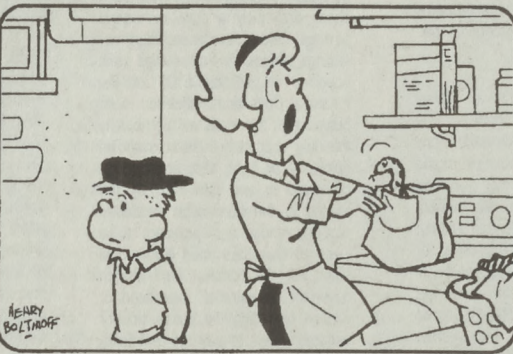
DIFFICULTY THIS WEEK: **

* Moderate ** Challenging *** HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF



MAGIC MAZE — STACK(S)

KKHEBYWTROLJDGE
EKACNAPBYWENUER
SENOWOLBPCAWKNK
IGDNBZIXNSHORTV
SQOTMKBEKIMDPNY
GECAYRCOSWHUEE
SQPINEALLOJHSFVN
ECANFTREBORUYXM
VUSESQYPNMPKJI
HFRREIFILPMAECH
BZYXVUTRQPOMHLC

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Amplifier Container Pancake Short
Blow one's Hay Push-down Stacks and
Book Library Reference Vent
Chimney Open Robert

DINING, TRAVEL & ENTERTAINMENT



"The Bank Job"

Running Time: 110 minutes
MPAA rating: R

"The Bank Job" is a great little caper movie that hasn't gotten much hype or promotion, which is a shame. It's smart, funny, filled with twists and turns, and has solid performances from a great cast.

The film is based on the real-life 1971 heist of the vault of a branch of Lloyd's bank in England. What is intriguing about the story of the robbery is that a government gag order on the press (for reasons of national security) has left the crime officially unsolved and some 500,000 pounds in loot still unrecovered.

The cast of characters includes a shady chop-shop owner (Jason Statham), a hot model from his past working for British intelligence (Saffron Burrows), the porn king of London (David Suchet) and a militant black revolutionary who rolls with the handle Michael X (Peter de Jersey).

Michael X allegedly has compromising photos of a member of the royal family in the vault. The hot model

convinces Statham to rob the vault, telling him the alarms will be off because they need to be repaired (not telling him about the photos). What the robbers don't know is that the vault also holds a ledger kept by the porn king detailing the names of cops on the take and members of Parliament who frequent his brothels.

The gang is successful in looting the vault and unwittingly making off with the compromising photos, the incriminating ledger and a half-million in



Jason Statham

swag. They also have the mob and MI5 on their tails.

I don't want to give anything away because the film has so many great twists that to get any further into the plot details would spoil the movie. Let's just say that, if you liked "Oceans 11" or love a great heist movie, "The Bank Job" is right up your alley.

GRADE: A

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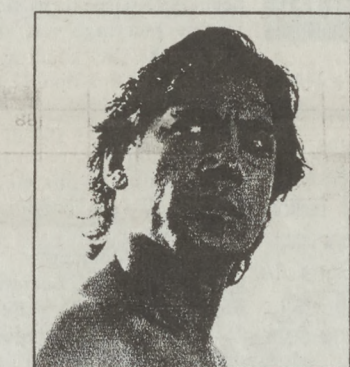
Jill Jackson's HOLLYWOOD

HOLLYWOOD ... It's the beginning of tourist time in Tinseltown. If you're planning a visit out this way, here's the "way to go": It's best to take a paid tour like "Homes of the Stars" or any one of the others offered, like the studio tours or just plain tours. But, if you want to try it on your own, here's a tip. Go to Sunset Boulevard. Walk from Vine Street west. Along the way, you'll see night spots, famous hotels, stars' homes and mayhap a star or two tooting around in a Mercedes, Cadillac or just a big SUV. Then do the same on Hollywood Boulevard, where you'll see all the famous old theaters like the Chinese and El Capitan. From there, head to Beverly Hills and Rodeo Drive, where the stars shop in all the ritzy stores. Then, there's the historic Farmer's Market and The Grove, packed with eateries and food stalls and all kinds of shops. AND you can always spot a celebrity or two out for an airing and fun. There's more, but this should keep you busy for a while.

Tinseltown is still talking about the Oscar show. This one hit an all-time low in the ratings, and a lot of folks are wondering what to do to fix it. So, I'll add my 2 cents. Cut the show in half. Give awards other than the big ones somewhere else. Have some good production numbers, like acts from the Cirque du Soleil, and get Billy Crystal back to host. AND it wouldn't hurt to have a nude streaker run across the stage. It happened once. It could happen again!

Aside to Del B. of West Hollywood, Calif.: No, I do not agree with you. I know **Javier Bardem** is sexy for some people, but he's not my type. But yes, I can tell you something about him. He

was born in 1969 in Las Palmas, Spain. He came from a very large family. Some were actors. His breakthrough role was in "Before Night Falls" when Benicio Del Toro dropped out of that film. He only recently learned to drive a car, and is a known hypochondriac. He is dating Penelope Cruz, and certainly his career will fly higher after his Oscar win. ... And no. I do not think



Javier Bardem

Babs Streisand and husband Jim Brolin were at the Oscars, or we would have seen them either on the red carpet or on the show. Son Josh Brolin, who starred with Bardem in "No Country for Old Men," was very much in evidence.

BITS 'N' PIECES: A recent poll by CNN revealed that a third of the people surveyed believe in ghosts. Now there's a film out titled "Shutter," wherein a newly married couple discover ghostly images in photographs they develop after a tragic accident. ...

THE ELKVORN STATION
ROADSIDE BAR AND GRILL

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Tuesday - Babyback Ribs Wednesday - Cioppino
Thursday - Prime Rib Friday - Fish Fry
Saturday - Surf & Turf Sunday - Pot Roast

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11am to 10pm - Closed Monday (916) 371-1389
(Between West Sacramento & Woodland)

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on Jefferson Blvd. ■ West Sacramento, California

Moments in time

THE HISTORY CHANNEL

• On March 30, 1820, Anna Sewall, author of "Black Beauty," is born in Norfolk, England. "Black Beauty" first published in 1877, was the first significant children's story in the English language to focus on animal characters and was made into a movie at least three times.

• On March 27, 1912, in Washington, D.C., the wife of President William Taft and the wife of the Japanese ambassador plant two Yoshina cherry trees near the Jefferson Memorial. After World War II, cuttings from the trees were sent back to Japan to restore the Tokyo collection that was decimated by American bombing attacks during the war.

• On March 29, 1927, Major Henry O'Neil de Hane Segrave becomes the first person to break the 200-mph barrier. Driving a 1,000-horsepower Mystery Sunbeam, Segrave averaged 203.79 mph on the course at Daytona Beach, Fla.

• On March 26, 1937, Crystal City, Texas, unveils America's first monument to a comic-strip hero when a 6-foot-tall statue of Popeye is unveiled in Popeye Park during the city's second annual Spinach Festival.

• On March 25, 1957, Ricky Nelson cuts his first records, "A Teenager's Romance" and "I'm Walkin'." A few weeks later, he sang the songs on his family's TV series and became an overnight pop star, despite his complete lack of musical experience.

• On March 28, 1979, the worst accident in the history of the U.S. nuclear power industry begins when a pressure valve in the Unit-2 reactor at the Three Mile Island plant near Harrisburg, Pa., fails to close. As engineers struggled to understand what had happened, the reactor came within less than an hour of a complete meltdown.

• On March 24, 1989, the worst oil spill in U.S. territory begins when the supertanker Exxon Valdez runs aground on a reef in Prince William Sound in southern Alaska. An estimated 11 million gallons of oil eventually spilled into the water, polluting more than 700 miles of coastline.

Thought for the Day: "The third-rate mind is only happy when it is thinking with the majority. The second-rate mind is only happy when it is thinking with the minority. The first-rate mind is only happy when it is thinking." — A.A. Milne

Strange BUT TRUE

By Samantha Weaver

• Studies show that the average visitor to the crown jewel of the United States national park system spends just 15 minutes actually looking at the Grand Canyon.

• The next time you're drinking to someone's health, you can tell your fellow imbibers that the word "toast" originated in ancient Rome. It was the custom there to put a small piece of spiced and burned bread into a cup of wine in order to absorb any sediment and improve the drink's taste.

• Experts on ants claim that the insects hate vinegar.

• It was American novelist, short-story writer and essayist Flannery O'Connor who made the following comment on her craft: "Everywhere I go I'm asked if I think the university stifles writers. My opinion is that they don't stifle enough of them. There's many a bestseller that could have been prevented by a good teacher."

• When you picture the quintessential pirate, you imagine him with at least one gold earring, right? Ear-piercing was common among pirates, but it wasn't entirely for decorative purposes: It was claimed that it improved eyesight. That assertion was scoffed at for centuries, but it turns out there may have been some truth to it. Those who study acupuncture say that the spot on the earlobe where piercings are done corresponds to the auricular point, which controls the eyes.

• Those who study such things claim that hot water weighs more than cold water does.

• Only one person in history has been both president of the United States and the country's chief justice, but I won't hold it against you if you can't name him. Not many people remember much from their schoolday lessons about William Howard Taft.

Thought for the Day: "Women who seek to be equal with men lack ambition." — Timothy Leary

Puerto Azul Restaurant
2216 W Capitol Ave
West Sacramento

Tasty Mexican & American fare for breakfast, lunch & dinner, including:
Mexican seafood! ♦ Mexican & American-style breakfasts ♦ Sandwiches, burgers & more for lunch!

HAPPY HOUR
Monday-Thursday, 5pm-8pm!
Monday: Taco \$1
Tuesday: Nachos \$1
Wednesday: 2 Taquitos, \$1 (Guacamole & sour cream)
Thursday: Chicken Tostada \$1

Music & dancing! Live entertainment featured often at Puerto Azul! Call for information!

CHEERS

The locals' favorite bar for 23 years.

Dart Tournery, Thurs. 7pm
Shuffleboard Tourn. Sunday 5pm
Karaoke Fri. & Sat. 8pm - midnight
- Owner Operated -
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West Sacramento ♦ 371-8511

The Moose Lodge
3240 Jefferson Blvd., West Sacramento
PRESENTS:

KARAOKE
hosted by
BOB MILLER

Thursdays at 7:30 p.m.

Kitchen is open, bring the family!
Enjoy the music & try for the 'lucky marble'!

Members Only. For information, call Bob, 919-6367 or Moose Lodge, 371-9684

Fave Foods OF THE FAMOUS

by Steven Austin

the Web site to vote for one of 25 finalists. The Gold Medal Mom will be awarded a trip for two to Beijing for this year's Olympic Games.

You're now 40 years old. How is your diet different today than during your competition days?

"My food hasn't changed, just portion sizes. I eat smaller portions because I'm not burning as many calories."

When it comes to snacks, you'd win a gold medal eating:

Beef jerky, turkey jerky, edamame. And I have Tyson chicken tenders from my grill ready at all times. Protein, protein, protein!"

Of your Olympic counterparts, can you remember an athlete that had an offbeat or bizarre eating habit or

ritual?

"No, but I remember sitting down at the 24-hour dining hall at the Olympic village, right next to a Bulgarian heavyweight lifter. I remember his plate, or PLATES, overflowing with food, and me sitting down with my whole wheat bagel and egg whites."

Have advances in nutrition helped today's athlete?

Absolutely! We now know so much more about nutrition and how food can help fuel an athlete's body for better performance."

Are your children picky eaters?

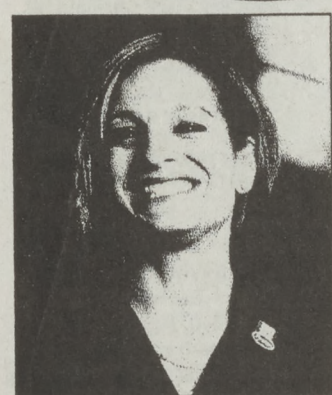
"My kids are great eaters, because I introduced them to many different foods as infants."

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MARY LOU'S FAMILY FAVORITE SOUTHWEST CHICKEN

- 3-4 Tyson chicken skinless breasts
- Pam spray
- 1 tablespoon chili powder
- 1 tablespoon paprika
- 1 tablespoon garlic salt
- Pepper to taste
- 1 can black beans, drained
- 1 can corn, drained
- 1 medium jar picante sauce
- 1 cup grated cheddar cheese

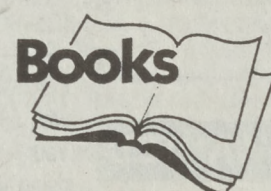
Preheat oven 400 F. Place chicken on bottom of Pam-sprayed Dutch oven. Sprinkle with chili powder, paprika, garlic salt and pepper. Mix black beans, corn and picante sauce together, and pour mixture over seasoned chicken. Bake at 400 F for 40 minutes. Remove from oven and top with cheese. Bake an additional 10 minutes.



Mary Lou Retton

She will always be America's sweetheart! One of our nation's all-time sports heroes, Mary Lou Retton won five medals, including a gold in the all-around gymnastics category, in the 1984 Los Angeles Olympic games. The West Virginia native retired from gymnastics a couple of years later, but has remained active around the world, balancing a busy professional schedule with that of a mom and wife.

Retton is working with Tyson to honor the moms of America with the Gold Medal Mom contest, which challenges Americans to show why their mom is the ultimate Gold Medal Mom. Whether it means putting dinner on the table each night, donating her time to charity or tackling a marathon, Mary Lou wants to hear from you. Through March 31, go to www.goldmedialmom.com to upload a video or a photo and submit an essay. Then, from May 11 to June 11, visit



Naked in the Woods: Joseph Knowles and the Legacy of Frontier Fakery
by Jim Motavalli
(Da Capo, \$26.95)
Reviewed by Larry Cox

This is the strange-but-true story of Joseph Knowles, a 45-year-old part-time painter, ex-Navy man and hunting guide, who went into the woods of northwest Maine during the summer of 1913 — alone and basically naked — to see if he could survive for two months using only his wits. The stunt was announced with great fanfare by the Boston Post newspaper.

On Aug. 4, 1913, Knowles met with a small crowd of well-wishers near the foot of the Spencer Trail. He told them that he planned to "live off of the land" just as his ancestors had done. Although he was walking into an area teeming with bears and wildlife, the Post's description of it as a wilderness was a bit of a stretch. Even Knowles admitted that his new base near Big Spencer Lake, about 275 miles north of Boston, was surrounded by hunting and fishing camps. Nevertheless, he waved and then walked into the woods that sunny August day.

Knowles sent dispatches each week written in charcoal on birch bark, which were published in the Sunday editions of the Post. As circulation soared, Knowles quickly became a minor celebrity.

When Knowles emerged on Oct. 4, he was met by 200,000 cheering fans in Boston. Then a rival newspaper, the Hearst-owned Boston American, accused Knowles of being a fake. Reporters claimed there were bullet holes in the bearskin he wore and accused him of living in a comfortable cabin while in the woods. And although Knowles was exposed as a

fraud, that was not the end of his story.

Jim Motavalli, a journalist and editor of E/The Environmental Magazine, has dusted off the incredible story of Knowles and his stunt and written a fascinating book complete with photographs. He also investigates why it is so important, even today, to our American psyche to believe that a man can survive in an untamed wilderness.

Books reviewed in this column are available online or at your local book store.

Fictitious Business Name Statement

Filed Feb 13, 2008
File No. 2008-166

The following person is doing business as Photogenics, 415 First St., Woodland CA 95695: George Streng, PO Box 8666 Woodland CA 95776.

This business is conducted by an individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 2/13/2008.

/s/George Streng
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Feb 13, 2008
by: /s/Liz Mahovich, Deputy Clerk

Feb 27 Mar 5 12 19

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MAINTENANCE SERVICES
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 Small jobs. Trimming specialist shrubs & trees. Security screen trimming. Reduce moist areas. DIG NOTIFICATION WORK. Stumps to 18". YARD CONDITION WRITTEN SUMMARY. Removals. Packages: One-time cleanups, roof drains and downspouts flushed, dethatch, aerate, overseed and roll. New lawns, 30' X 20'. High grass. State Contractor #535496. Arborist. (916) 371-9273, Page (916) 310-IDIG. RA-1

MANDATORY DIG NOTIFICATION WORK: Digging, from mandatory dig notification to finish. Stumps to 18" wide. Tilling. Page (916) 310-IDIG or call (916) 371-9273, license 535496.

RA-4

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Painting contractor: been in business since 1981, doing business in West Sacramento since 1988. Will perform all phases of painting. Specialize in residence exterior painting. References, bonded & insured, state contractor lic., guaranteed all work. Free estimates. PHOENIX PAINTING, 916-372-2941.

PP2008-49

PET SITTING

Animal Attic/Pet Sitting by Patti. Daily & overnight visits. 10 years exper., exc. references. Compassionate. Bonded & insured. Patti, (916) 372-8924.

40

WINDOW CLEANING

Our clients are surprised how affordable it is to have their windows professionally cleaned! Call today for a FREE ESTIMATE and you'll be surprised too! Satisfaction guaranteed. Commercial & residential. FISH WINDOW CLEANING, 374-0449. Or visit "Your West Sacramento Window Cleaning Company" on the web: www.fishwindowcleaning.com

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HOMES FOR SALE

3079 Nancy Lane, W. Sacramento, CA 95691. 4 BR, 2 1/2 bath, 3-car garage, 2227 sq ft, large corner lot! Open house Sat/ Sun Mar 15 & 16, 11am-3pm. NO REASONABLE OFFER REFUSED!

A-32

HOME PORT REALTY LISTINGS

Are you looking for an office to purchase in the Central Business District? 1524 Merkley is available at a great price! Only \$395,000!

9421 Foulks Ranch, Elk Grove: \$415,000
1715 Deerwood St., W. Sac.: \$345,000
2927 Violet Dr., W. Sac: \$290,000
1165 Clarendon PENDING: \$259,000
1024 Fernwood SOLD: \$280,000
1511 Pennsylvania PENDING: \$295,000
1503 Pennsylvania, W. Sac: \$299,000
1612 Fernwood SOLD: \$229,000
2013 Birmingham, W. Sac. PENDING: \$162,000

THREE for FIRST-TIME BUYERS ONLY:

REDUCED!! 1206 Morse Court, W. Sac: \$202,000

REDUCED!! 740 Douglas, W. Sac: \$195,000

REDUCED!! 611 Andrew, W. Sac: \$185,000

A STEAL OF A DEAL!! 701 Pecan in West Sacramento, \$280,000.

Some of our listings are 'short sales!' Call for information regarding these & all other listings you see!

Call Home Port Realty, 372-5933

Habla espanol -- Raul De Anda 712-7258

Home Port Realty
—Established 1975—

MOBILE HOMES

West Sacto. Quiet, clean senior park on end of Westacre Road. "72 mobilehome, fully insp., 3 bdrms, 2 baths, front kitchen, lvg rm, sideyard, util rm. Rent \$420, own PG&E. \$22,000 OBO. 371-6705.

31

DUPLEXES FOR RENT

2 bdrm duplex. New heat & air, fenced backyard. Inquire at office, 622 Poplar Ave. (916) 373-0686.

35

LAND FOR SALE

0.30 acre, zoned for residential use. Located on Partridge near Davis & Jefferson in West Sacramento. Includes well & pump for \$149,000. Call Alexis (916) 730-5952.

33

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BE YOUR OWN BOSS... and increase your income in a large, people-oriented organization. Looking for selective, service-minded self-starters. We offer on-the-job training and were voted by Sacramento Magazine readers as "Best Real Estate Company." Call Leslie Belton at Lyon Real Estate today, (916) 376-8060.

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"Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates."

ELECTRICIAN APPRENTICES. Get plugged in to your career. Get hands-on experience as an electrician working in appliances, power generation and lighting systems. No experience required. Must be 17-34 with a H.S. diploma. Call 1-800-345-6289 today. (Cal-SCAN)

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DRIVER-\$5K SIGN-ON Bonus for Experienced Teams: Dry Van & Temp Control available. O/Os & CDL-A Grads welcome. Call Covenant 1-866-684-2519 EOE. (Cal-SCAN)

DRIVERS: ASAP! Sign-On Bonus. 35-42 cpm. Earn over \$1000 weekly. Excellent Benefits. Need CDL-A and 3 months recent OTR required. 1-800-635-8669. (Cal-SCAN)

DRIVERS - Regional Runs! Van & Flatbed. Ask about qualifying for 5 raises in a year! No exp? CDL Training available. Tuition reimbursement. 877-232-2386 www.SwiftTruckingJobs.com (Cal-SCAN)

LOOKING FOR CDL Drivers with 5+ years of Experience. Your weekly pay is based on a rising scale of .36 -.41 per mile. McKELVEY 1-800-410-6255. (Cal-SCAN)

SPONSORED CDL TRAINING. No Experience Needed! Earn \$40k-\$75k in your new career! Stevens Transport will sponsor the total cost of your CDL training! Excellent Benefits & 401K! No Money Down! No Credit Checks! EOE. Call Now! 1-800-358-9512, 1-800-333-8595. www.BecomeADriver.com (Cal-SCAN)

HELP WANTED/ SALES

COLONIAL LIFE seeking licensed Life & Health agents. Market voluntary employee benefit programs to employers. Register for Informational Event. Wednesday, 3/26/08, 12:00 to 1:00pm. 9355 E. Stockton Blvd, Suite 170, Elk Grove, CA 95624. Call Ellen Parker, 916-478-4065. (Cal-SCAN)

MISCELLANEOUS

INJURED while CROSSING the

STREET? You may be able to recover even if you were cited or the other party had no insurance. Call 800-801-0281 for Free Recorded message. (Cal-SCAN)

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NEWS OR PRESS RELEASE SERVICE? The California Press Release Service is the only service with 500 current daily, weekly and college newspaper contacts in California. Questions call (916) 288-6010. www.CaliforniaPressReleaseService.com (Cal-SCAN)

LAND FOR SALE

ARIZONA LAND BARGAIN 36 Acres - \$29,900. Beautiful mountain property in Arizona's Wine Country. Price reduced in buyers market. Won't last! Good access & views. Eureka Springs Ranch offered by AZLR. ADWR report & financing available. 1-877-301-5263. (Cal-SCAN)

INVEST IN MONTANA Land for the future 20 AC with BLM Hunting Land - \$39,900 34 AC Timber Ridges & Mtn. Views - \$99,900 40 AC with BLM Horse Trails - \$49,900 Year round road and new utilities. Surveyed, approved and insured. Beautiful views, sunsets, tons of elk. State land and BLM access. Miles of hiking, riding, and hunting from your back door! Discount pricing & seller terms until April 15th. Call 888-361-3006 or visit www.WesternSkiesLand.com (Cal-SCAN)

NEW MEXICO SACRIFICE! 140 acres was \$149,900, Now Only \$69,900. Amazing 6000 ft. elevation. Incredible mountain views. Mature tree cover. Power & year round roads. Excellent financing.

Priced for quick sale. Call NML&R, Inc. 1-888-204-9760. (Cal-SCAN)

NEWLY RELEASED ACREAGE (Utah Ranch Dispersal) 40 AC only \$29,900. Dramatic views of Uinta Mountains. Great recreational area. Close to conveniences. Offered by motivated seller. Limited available. EZ Terms. Call UTLR 1-888-693-5263. (Cal-SCAN)

PRICED FOR QUICK SALE - Nevada 5 acres - \$24,900. Beautiful building site with electric & county maintained roads. 360 degree views. Great recreational opportunities. Financing available. Call now! 1-877-349-0822. (Cal-SCAN)

SOUTHERN COLORADO RANCH Sale 35 Acres - \$29,900. Spectacular Rocky Mountain Views Year round access, elec/tele included. Excellent Financing available w/ low down payment. Call Red Creek Land Co. Today! 1-866-696-5263 x3469. (Cal-SCAN)

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PREPARE FOR future RAILROAD employment. NARS, in Overland Park, Kansas, will teach you the skills in 4-8 weeks. Average salaries \$63k. Tuition assistance available. Conductor-Mechanical-Welder-Signal. 1-913-319-2603. www.RailroadTraining.com (Cal-SCAN)

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SAWMILLS FROM ONLY \$2,990 - Convert your Logs To Valuable Lumber with your own Norwood portable band sawmill. Log skidders also available. www.NorwoodSawMills.com/ 300N-FREE Information: 1-800-578-1363 - x300-N. (Cal-SCAN)

mar19

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Steel Buildings. 30X40, 40X60, 50X100. Advertising Disc. Prices Limited. Up to 50% off! Can Erect. 916.224.9862.

AUTOS WANTED

DONATE VEHICLE, running or not accepted! Free Towing. Tax Deductible. Noahs Arc - Support No Kill Shelters, Animal Rights, Research to Advance Veterinary Treatments/Cures. 1-866-912-GIVE. (Cal-SCAN)

DONATE YOUR CAR: Children's Cancer Fund! Help Save A Child's Life Through Research & Support! Free Vacation Package. Fast, Easy & Tax Deductible. Call 1-800-252-0615. (Cal-SCAN)

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CHEAP VACATIONS to DISNEYLAND, San Diego, and more! Save up to 50% by calling 1-866-FUN-TRIP (386-8747) or visiting www.GetAwayToday.com (Cal-SCAN)

ORDINANCE SUMMARY

At their regular meeting on March 12, 2008 the West Sacramento City Council adopted by the vote noted below Ordinance 08-9 regarding proposed amendments to the Zoning Ordinance. The ordinance will be effective on April 11, 2008.

AYES: Beers, Johannessen, Kristoff, Villegas, Cabaldon
NOES: None
ABSENT: None

The full text of the ordinance is available in the City Clerk's Office, 1110 West Capitol Avenue, West Sacramento, CA 95691

March 19

PUBLIC HEARING NOTICE

The West Sacramento City Council will conduct a public hearing on April 2, 2008 at 7:30 PM or as soon thereafter as possible on the following. The hearing will be held in the council chambers at the Civic Center, 1110 West Capitol Ave., West Sacramento. Interested persons are invited to attend. In compliance with the ADA, if you need assistance to participate in this meeting, you should contact the City Clerk at 617-4500. Notification 72 hours prior to the meeting will enable the City to make reasonable arrangements to assure accessibility to this meeting. City hall is handicapped accessible.

1. Ordinance 08-1 amending West Sacramento Municipal Code Section 19.05.015.5 regarding imposition of costs by a hearing officer.

March 19

NOTICE OF TRUSTEE'S SALE

T.S. No. A348383 CA Unit Code: A Loan No. 49860394/STEVENSON AP #1: 006-326-13-1 SEASIDE FINANCIAL CORPORATION, as duly appointed Trustee under the following described Deed of Trust WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (in the forms which are lawful tender in the United States) and/or the cashiers, certified or other checks specified in Civil Code Section 2924h (payable in full at the time of sale to T.D. Service Company) all right, title and interest conveyed to and now held by it under said Deed of Trust in the property hereinafter described: Trustee: NANCY LEE STEVENSON Recorded October 7, 2005 as Instr. No. 2005-0050409-00 in Book --- Page --- of Official Records in the office of the Recorder of YOLO County, CALIFORNIA, pursuant to the Notice of Default and Election to Sell thereunder recorded December 4, 2007 as Instr. No. 2007-40659 in Book --- Page --- of Official Records in the office of the Recorder of YOLO County, CALIFORNIA. Said Deed of Trust describes the following property: SEE ATTACHED EXHIBIT - THE LAND REFERRED TO HEREIN BELOW IS SITUATED IN THE COUNTY OF YOLO, STATE OF CALIFORNIA, AND IS DESCRIBED AS FOLLOWS: COMMENCING AT A POINT WHERE THE NORTH LINE OF MARSHALL AVENUE INTERSECTS WITH THE WEST LINE OF 3RD STREET AND RUNNING THENCE NORTH ALONG THE WEST LINE OF 3RD STREET, 60 FEET THENCE WEST 144 FEET TO THE EAST LINE OF AN ALLEY THENCE, SOUTH ALONG THE EAST LINE OF SAID ALLEY 60 FEET THE NORTH LINE OF MARSHALL AVENUE THENCE EAST ALONG THE NORTH LINE OF SAID MARSHALL AVENUE 144 FEET TO THE POINT OF BEGINNING. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED SEPTEMBER 30, 2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. 926 3RD STREET, WOODLAND, CA 95695 (If a street address or common designation of property is shown above, no warranty is given as to its completeness or correctness). Said Sale of property will be made in as is condition without covenant or warranty, express or implied, regarding title possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest as in said note provided, advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. Said sale will be held on:

APRIL 1, 2008, AT 10:00 A.M. *AT THE FRONT ENTRANCE TO THE CITY HALL, 1110 WEST CAPITOL AVENUE, WEST SACRAMENTO, CA At the time of the initial publication of this notice, the total amount of the unpaid balance of the obligation secured by the above described Deed of Trust and estimated costs, expenses, and advances is \$378,024.42. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. Date: March 5, 2008 SEASIDE FINANCIAL CORPORATION as said Trustee, by T.D. Service Company, as agent FRANCES DEPALMA, ASSISTANT SECRETARY T.D. SERVICE COMPANY 1820 E. FIRST ST., SUITE 210, P.O. BOX 11988 SANTA ANA, CA 92711-1988 We are assisting the Beneficiary to collect a debt and any information we obtain will be used for that purpose whether received orally or in writing. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If available, the expected opening bid and/or postponement information may be obtained by calling the following telephone number(s) on the day before the sale: (714) 480-5690 or you may access sales information at www.ascntext.com/websales. TACH# 773171C PUB: 03/12/08, 03/19/08, 03/26/08

Trustee Sale No.: 20070134012079 Title Order No.: 1149327 FHA/VA/PMI No.: NOTICE OF TRUSTEE'S SALE

YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 1/3/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NDEX West, LLC, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 01/23/2006 as Instrument No. 2006-0002852-00 of official records in the office of the County Recorder of Yolo County, State of California. Executed By: Robert A. Wells Robert Wells, will sell at public auction to highest bidder for cash, cashier's check/cash equivalent or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States). Date of Sale: 4/1/2008 Time of Sale: 12:45 PM Place of Sale: At the north entrance to the West Sacramento City Hall located at 1110 West Capitol Avenue, West Sacramento, CA Street Address and other common designation, if any, of the real property described above is purported to be: 1218 Hobson Avenue West Sacramento, CA 95605 APN#: 014-313-08-1 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$236,929.82. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to sell to be recorded in the County where the real property is located. For Trustee Sale Information Please Call: Priority Posting & Publication 17501 Irvine Blvd., Suite One Tustin, CA 92780 714-573-1965 www.priorityposting.com NDEX West, LLC as Authorized Agent Dated: 3/6/2008 NDEX West, LLC may be acting as a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. P376481 3/12, 3/19, 03/26/2008

Fictitious Business Name Statement Filed Mar 6, 2008 File No. 2008-254

The following person is doing business as Low Cost Auto Glass, 411 Harbor Blvd., West Sacramento CA 95691: Sattar Abdal Karimi, 3360 Pilot Point Rd., West Sacramento CA 95691.

This business is conducted by an individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 1/1/08.

/s/Sattar Abdal Karimi I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California County of Yolo Freddie Oakley, Clerk Date: Mar 6, 2008 by: /s/Liz Mahovich, Deputy Clerk

Mar 12 19 26 Apr 2

CREST JEWELERS

■ Jewelry & Watches
■ Sales & Repair

'We buy scrap gold!'

1296 West Capitol Ave. ■ In Safeway Center ■ 371-6440



CREST JEWELERS: Owned & operated with pride by the Macias family since 1967

Christopher C. Bradford
Financial Advisor

Edward Jones
MAKING SENSE OF INVESTING



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Fax 866-523-4010
christopher.bradford@edwardjones.com
www.edwardjones.com
California Insurance License 0C24309

Information on Local Rentals

S&S
Property Management

Bill Shower, Owner

(916) 371-1870 ■ Fax: (916) 371-4929
1112 Jefferson Blvd., W. Sac. CA 95691
Email: rentals@ssproperty.com




Local Scene

Stone Lock project

A second public workshop on the Stone Lock District master plan is scheduled for 4-6 p.m. on Thursday, March 20, in the civic center gallery, 1110 West Capitol Avenue. The city's planning partner, the Cordish Company, will present a draft concept plan for the 200-acre project. For more information, call Traci Michel of the city redevelopment agency at 617-4535 or email tracim@cityofwestsacramento.org.

Easter service

Celebrate Christ's resurrection at Trinity Church on Sunday, March 23. Outdoor service at 7 a.m., family-friendly contemporary service at 9 a.m., and traditional/contemporary blend service at 11 a.m., at 1500 Park Blvd. Call 371-5875 or visit www.TrinityWestSac.org. An egg hunt will follow the 9 a.m. and 11 a.m. services.

Kids' programs

Preschoolers are age 3-5 are invited to "story time" at the library, with stories, finger plays, crafts and other activities, at 11:30 a.m. on Tuesdays and 11 a.m. on Saturdays at 1212 Merkley Avenue. Parents with younger children are invited to "Mother Goose on the Loose," Wednesdays at 2 p.m. and Saturdays at 10:30 a.m., featuring 40 minutes of music, finger plays, puppets, rhymes

and more. For more information, call 375-6465. Sponsored by West Sacramento Friends of the Library.

OLG reunion

Our Lady of Grace School is planning a reunion for its students of the 1970s on Saturday, April 5. Social time begins at 6:30 p.m., with dinner at 7 and dancing to follow. \$30/person or \$50/couple. Contact Cathy Turner-Baker at (916) 955-2094 or cathybaker63@aol.com before March 26.

Attention, women:

Soroptimist International of West Sacramento is looking for women interested in joining the organization and helping women and children in the community. Visit an informational meeting planned for 5 p.m. on Thursday, March 20, at the Chamber of Commerce, 1414 Merkley Avenue, Suite 1. Invite a friend.

Interfaith Easter

All are welcome to the West Sacramento Interfaith Easter Service at 7 a.m. on Sunday, March 23, at Community Lutheran Church, 920 Drever St. Learn about other faith traditions and give thanks. Call 798-8724 for information.

Dinner & dance

The Delta Ag Boosters present their annual dinner dance on Sat., March 29, from 6 p.m. to midnight at Thornton Hall, 26590 N. Sacramento Blvd., in Thornton. Donation is \$30 (21 and over). Proceeds benefit the Delta High School Ag students. Call 439-0702.

Good Friday service

Radiant Life Church invites you to its Good Friday service at 7 p.m. on March 21, 3605 Gregory Avenue. Call 371-6706 for information.

Easter Egg hunt

Children are invited to an Easter egg hunt at 1 p.m. on Sunday, March 23, at the Veterans of Foreign Wars hall, 905 Drever Street. The Easter bunny will make an appearance. The post is accepting donations of colored, hard-boiled eggs for the bunny to hide. Call 371-7245 for information.

Holy Week

You're invited to Holy Week events at Community Lutheran Church, 920 Drever Street. Palm Sunday worship is 10 a.m. on March 16, Passover Seder is 7 p.m. on Thursday, March 20 (call 371-8804 to reserve a seat), Good Friday worship is 7 p.m. on March 21, and Easter Festival worship is 10 a.m. on March 23, with a children's Easter egg hunt to follow.

Art competition

Congressman Mike Thompson announces the annual "Congressional Arts Competition," open to high school students. The winner's art will be displayed in the U.S. Capitol Building for one year, and the winner will receive three round-trip airline tickets to Washington D.C. (from San Francisco or Oakland) to attend a ceremony in June. Art categories include painting, drawing, computer-generated, photography and other categories, and are due by May 2. For more information, call (530) 662-5272.

Piroshkies!

The ladies of Holy Cross Altar Society will be making homemade piroshkies for sale. The meat-filled, fried pies must be ordered before April 5 for pickup on April 19. Cost is \$9 for six or \$17 for a dozen. Contact Jenny at 371-3861, Kathy at 371-8358, or Erma at 372-5675.

All-you-can-eat

The West Sacramento Elks Lodge is hosting an 'all you can eat' pork rib barbecue from 6-8:30 p.m. on April 5 at 423 Third Street. Tickets are \$10 in advance or \$14 at the door; kids under 12 for \$4 at the door. For tickets, call 372-2980 or 372-3057.

Shop for leisure

Discover the different leisure activities available in West Sacramento at a "Leisure Horizons Showcase" from 3-6 p.m. on March 19 at city hall, 1110 West Capitol Avenue. Live demonstrations, raffle prizes and information booths. For more information, call 617-4620.

Tax help

The American Association of Retired Persons offers free tax

help at the West Sacramento Senior Center through April 10. Call Irene at 373-5819 to schedule an appointment. The group also offers a "55 Alive" driving course to improve safety and lower insurance rates for drivers over 55; the course is scheduled for March 17-18. Call 373-5819 for information.

Yolo report

The annual summary report produced by the Yolo County Administrator's office is now available online at www.yolocounty.org, listed under the 'hot topics link.' The document is intended to notify the public "on the operations of our county government, and all we have accomplished on behalf of the residents of Yolo County," said County Administrator Sharon Jensen.

Court roundtable

Yolo Superior Court will host a community roundtable to discuss "how the court can continue to meet the needs of the public" on Wed., March 19, from 6-7 p.m. at the Woodland City Council Chambers, 300 First Street in Woodland. Interested community members are invited to attend. Spanish interpreter available. For more information, call Kathryn Lamoure at (530) 406-6785.

'Meth' documentary

Yolo County Sheriff Ed Prieto was interviewed as part of the "Crystal Darkness" documentary detailing methamphetamine abuse. The 30-minute documentary will air March 26 at 6:30 p.m. on many local TV stations.

Recycle tires

"Tire Amnesty Days" are scheduled for April 5, from 8 a.m. to noon at the county landfill, 44090 C.R. 28H in Woodland. Passenger, truck and tractor tires that are air-filled will be accepted at no charge. There's a limit of 20 tires per vehicle.

Fight child abuse

State Senator Darrell Steinberg will be guest speaker at a luncheon April 2 to raise money and combat child abuse in Yolo County. The event starts at noon at the Veterans Memorial Center in Davis. Tickets are \$30 and are available from the Yolo County Children's Alliance, 600 A St., Davis, or by calling (530) 757-5558. For more information on the problem of child abuse and resources available, visit www.ItOnlyTakesAMinute.org or www.YoloKids.org.

Domestic violence

West Sacramento teen

Rebekah Rose will perform an encore of her play, "Silent No More," at 1:30 p.m. on Sunday, March 23, at the Center for Spiritual Awareness, 1020 West Capitol Avenue. The public is welcome, but there is some mature subject matter and adult language, so it is offered as a "PG-13" event. Rebekah, a senior at the Natomas Charter School, created the play as a senior project and will bring nine other students to perform the work on "men's and women's journeys through domestic violence." No cost, but donations will be accepted for Women Escaping a Violent Environment (WEAVE) and for the Domestic Violence Center of Yolo County.

Library week

Yolo County libraries are participating in "National Library Week" with free bookmarks, and displays of library materials. There will be information on book clubs for teens and adults (visit www.yolocountylibrary.org). Also featured is a "Read Off Your Fines" campaign: kids age 5-18 can "pay" their overdue book fines by reading passages from their favorite book — \$15 minutes of reading earns \$1 credit.

Cajun Night

West Sacramento Moose Lodge #1762 at 3240 Jefferson Boulevard will host a 'Cajun Nite' of music and dancing on Friday, March 28, from 8:30 p.m. to midnight. Music will be by Mark St. Mary and his Louisiana Red Hot Zydeco and Blues Band. \$15 cover. Food will be sold from 6-8:30 p.m. For more information, call Buddy Linker at 371-6303 or 718-4175.

Phone book recycling

New telephone books are

arriving. Several local schools are participating in a "telephone book recycling challenge" to handle your old books, earning money while helping the environment. Waste Management, Inc., will pay the schools for each book collected, and give \$250 to the most successful school to spend on environmentally-friendly products. Participating schools include Bridgeway Island, Westmore Oaks, Southport and Westmore Oaks North elementary schools. Contact the school or call the city at 617-4590 to learn how you can help. The program ends March 31, but old phone books may also be recycled year-round in curbside recycling carts.

Canine companions

A black poodle named "Brewster" is starring in the West Sacramento Senior Center's current cable TV show on "Canine Companions for Independence." The show airs on cable channel 21 daily at 6:30 p.m. and 11:30 p.m. The "Canine Companions" group trains service dogs in such skills as pulling a wheelchair, retrieving dropped objects, opening doors and drawers, or responding to the sound of a telephone or a knock on the door.

Music & movement

'Kindermusik,' a "music- and motion-based class to develop the whole child," is ongoing on Mondays at 9:30 a.m. and Thursdays at 8:30 and 9:30 a.m. at the Bridgeway Lakes boathouse. The program is intended for children from newborn to seven years old and their parents or caregivers. Visit www.musikandmotion.com.

YOLOBUS to Sac.
371-2877 Airport

You can't live on chocolate bunnies!
Here's something fun that's good for you too.

Easter at Trinity Church
Sunday, March 23

Celebrate Christ's resurrection with us this Easter!

7 a.m. Outdoor Service
9 a.m. Family-friendly Contemporary
11 a.m. Traditional/Contemporary Blend

EGG HUNT after the 9:00 and 11:00 services!
1500 Park Blvd. West Sacramento
371-5875 www.TrinityWestSac.org



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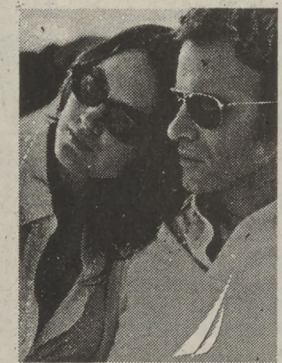
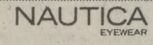
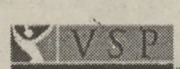


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James F. Lze, M.D.
Susan Rosten, F.N.P.
Tari Smith, P.A.
Kim Hernandez, P.A.

River Bend Medical Associates, Inc.

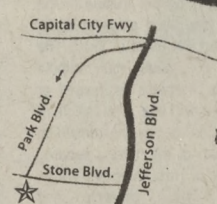
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River Bend Medical Associates invites you to join us at our beautiful new state of the art medical facility located in the new Parkstone Medical Building.

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West Sacramento, CA 95691
(916) 371-4939



FIRST 5



YOLO



First 5 Yolo

2006-07 Report to the Community

Our Mission:

FIRST 5 YOLO WILL ASSIST OUR COMMUNITY TO RAISE CHILDREN WHO ARE HEALTHY AND READY TO LEARN. WE WILL ASSURE THAT OUR RESOURCES ARE EFFECTIVELY USED AND ALL COMMUNITY VOICES ARE HEARD.

LETTER TO THE COMMUNITY

by Helen M. Thomson

Dear Friends,

We are facing challenging times. Our state, county, schools and families face trying times of economic uncertainty and belt-tightening.

First 5 Yolo is part of the solution for young children and their families. In striving for Yolo County's youngest children to be healthy and ready to learn, we are pleased to report more than 12,000 people were helped last year by programs and services funded by First 5 Yolo.

Through our funded partners, many direct services were provided to an ethnically diverse Yolo County population. These services ranged from parenting classes, early learning opportunities, home visits, literacy programs, fresh food distribution and health insurance enrollment for children 0 – 5 years of age.

Health Insurance - As we look back on FY 2006-07, we are gratified to report more than 190 previously uninsured children ages 0 – 5 now have health insurance. This means these youngsters now will receive the preventive, urgent and emergency care they need.

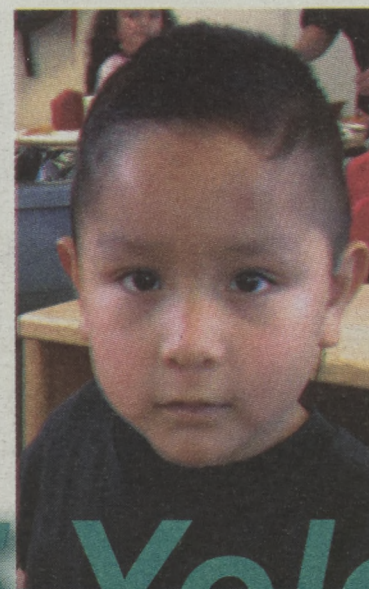
Universal Preschool - UP 4 West Sac (UP4WS) had a very successful year with 135 children in the program. First 5 Yolo joined First 5 California, the City of West Sacramento, Yolo County Office of Education, Washington Unified School District and others to fund this high-quality, free preschool opportunity for 4-year-olds in West Sacramento. Our first-year class showed an impressive overall average improvement in "school readiness" of 48 percent!

Saving for the Future - Like a family, First 5 Yolo has a savings account for future uncertainties. Our annual revenue from the Proposition 10 tobacco tax is projected to decline over time as fewer Californians choose to smoke and cigarette sales decrease. To ensure continuity of vital programs, we are focusing on two key strategies: 1) encouraging program self-sufficiency and 2) closely following our long-term sustainability plan. We will draw money from our reserves to ensure consistent funding for programs even as our revenues decline.

Many other extremely valuable programs are presented in this Report to the Community. We thank you for your continuing support and efforts on behalf of Yolo County's youngest children. We know "It's All About the Kids!"

Warm Regards,

Helen Thomson, Chair
First 5 Yolo



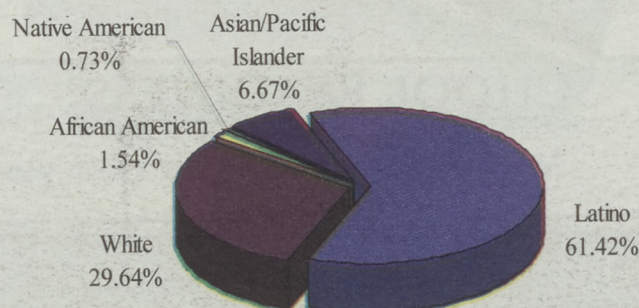
First 5 Yolo



PROPOSITION 10 FUNDING

Almost 12,500 individuals were touched by First 5 Yolo and its funded partners in 2006-07. Direct services included activities such as parenting classes, home visits, literacy workshops, preschool spaces, health insurance enrollment, fresh food distribution and others.

FY 06-07 Direct Service By Ethnicity



06-07 REVENUE AND EXPENSE REPORT

Revenue

First 5 California	\$2,515,967
UP4WS Partners	353,674
Interest and Other Income	319,901
Total Revenue	\$3,189,542

Expenditures

Administrative Expenses	\$ 212,038
Evaluation	97,424
Funded Programs	1,961,301
Other Program Expenses	559,783
Total Expenditures	\$2,830,546

Net Change in Fund Balance \$ 358,996

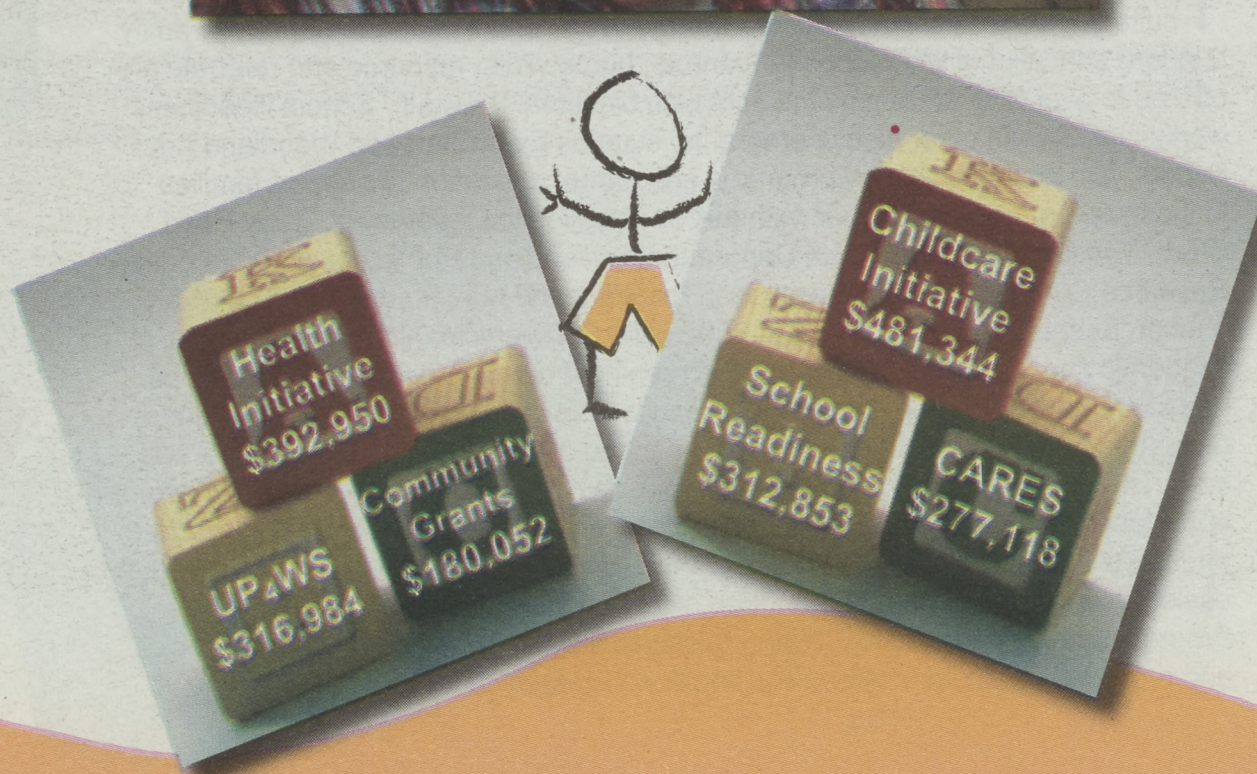
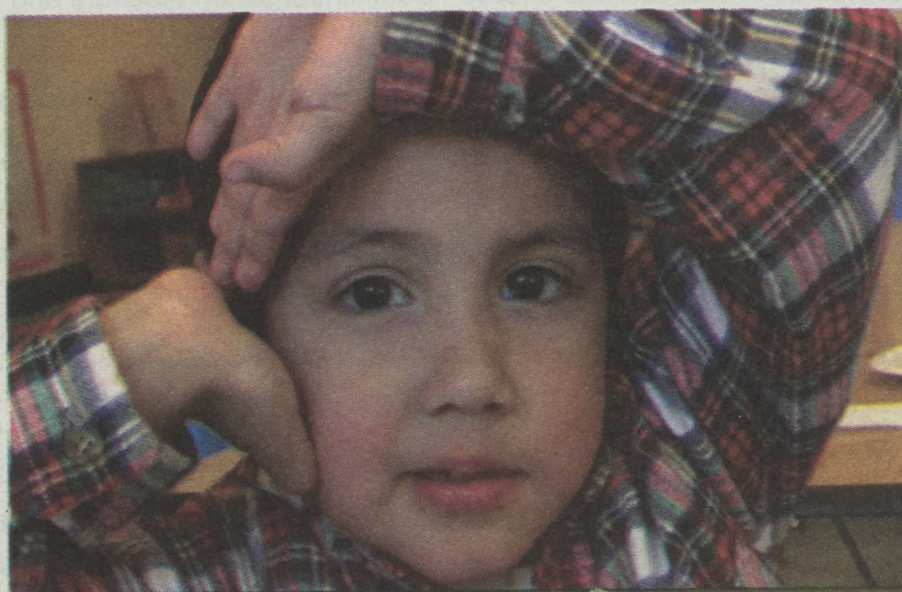
Beginning Fund Balance \$6,239,669

Ending Fund Balance \$6,598,665

Funds Committed to Future Initiatives \$6,598,665

THE CHILDREN AND FAMILIES ACT OF 1998

In 1998, voters passed Proposition 10, a statewide ballot initiative to add a 50-cent tax on every pack of cigarettes. The monies collected are used statewide and locally to fund programs that promote early childhood development for children ages 0 - 5 years old. The goals of Proposition 10 include working to ensure children are learning and ready for school; families are strong and self-sufficient; children are healthy; and systems and services are integrated and accessible. First 5 Yolo was created as a result of Proposition 10 to implement these efforts throughout Yolo County. For more information on Proposition 10 statewide, please visit the First 5 California web site at www.cffc.ca.gov. To view the full text of the proposition, go to <http://ccfc.ca.gov/PDF/ccfcact.pdf>.



SCHOOL READINESS INITIATIVE

Washington Unified School District's School Readiness (SR) program serves over 200 families with early learning and family support services. Multilingual staff establish strong relationships with families in the program and create many new partnerships with community agencies as well as district programs. Staff have great success using the Parents as Teachers curriculum in the home visiting program and, in addition, have layered the Raising A Reader (RAR) literacy program with these same families. Although 45 families receive the home visiting services, more than three times that number of children are actually served and as many families have pregnant mothers and infants as well as toddlers and preschoolers. The SR program has collaborated with the district's Head Start program to offer parent education workshops and trainings as well as partnering with the local library for early literacy and RAR Celebration parties. In an effort to strengthen the kindergarten transition process and ease the anxiety of the monolingual children entering school for the first time, SR staff conduct a kindergarten orientation at the three school sites. Last year was the first time an orientation was offered. Both kindergarten teachers and families agreed it was extremely helpful.



"I know how to help my children, like to learn and read, since I have a home visitor to show me things and teach me about development. My children are excited about going to school, not scared like their cousins!"

- Parent of a School Readiness Kid

The Woodland Joint Unified School District School Readiness Program serves the culturally diverse catchment area around Woodland Prairie Elementary. Family support, educational workshops for parents, home visits, resource and referrals are offered to over 250 families by the bilingual, bicultural SR staff. School Readiness works closely with other district programs, such as Even Start and Woodland Adult School, and provides literacy programs and parent education to support families in these areas. In collaboration with the County Health Department, Early Head Start, Woodland Fire and Police Departments, Woodland Public Library, Yolo Family Resource Center, WJUSD Kindergarten teachers and nurses and KVIE, holds an annual "School Readiness Fair". In 2007, over 300 participants received health, academic and language-development screenings, nutrition education, parent tips and kindergarten readiness activities, along with entertainment, books and hands-on learning projects. Children even experienced a cafeteria lunch and school bus ride. The program also coordinates the popular KinderCamp, a four-week classroom opportunity for children who have had no preschool experience. Families, teachers and the children, themselves, stated that the transition to kindergarten was much easier having KinderCamp and learned expectations of being in a classroom. Program staff has established strong relationships with many community agencies and providers to assure children are healthy and ready to learn.

SCHOOL READINESS ACTIVITIES

- Child Development**
 - Summer Pre-K Transition Programs
 - Play Groups
- Health**
 - Enrollment
 - Medical Home & Utilization
 - Health Screenings
- Family Functioning**
 - Parent Education Workshops
 - Home Visitation
 - Family Literacy
- System of Care**
 - Articulation (PreK-K)
 - Links with other programs & services

SCHOOL READINESS OUTCOMES

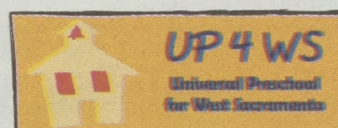
95% of home visitation families report having medical insurance and medical home with on-going utilization.

100% of "Raising a Reader" families report increased number of books in the home and time spent reading in the household.

75% of families "graduating" from "Raising a Reader" obtained and used a library card.



UNIVERSAL PRESCHOOL 4 WEST SACRAMENTO



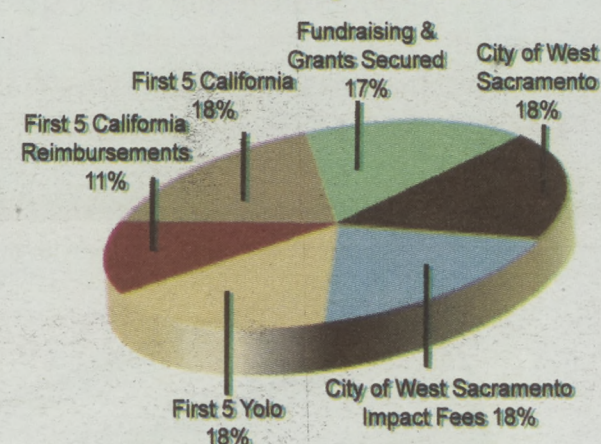
UP4WS PROGRAM HIGHLIGHTS

First 5 Yolo's Power of Preschool (PoP) program, entitled Universal Preschool for West Sacramento (UP4WS), is funded by First 5 California, First 5 Yolo, the City of West Sacramento and other grants and foundations. In FY 06-07, the program's first year of operation, UP4WS provided free, high-quality preschool to 135 4-year-olds in the city of West Sacramento. UP4WS is one of the only universal preschool programs in the state to include family childcare homes in the mix of public and private preschool providers.

Program Highlights:

- All children were screened for special needs.
- 50% of teachers are bilingual and 85% of teachers have BA degrees.
- Teachers received 20 hours of Early Childhood Education (ECE) training on topics, including support to special needs and English Language Learners (ELLs).
- A Workforce Development Specialist was hired to develop education plans with teachers who are working on their degrees.
- All preschool programs rated a 4 or higher on the Environmental Rating Scale (ECERS or FDCRS)
- Private programs were supported by an education specialist to increase quality at their centers and homes.
- 98% of parents reported they were "very satisfied" with their child's preschool experience.
- Children's progress on 39 DRDP-R measures indicated a 29% to 54% increase in "school readiness".

2006-07 UP4WS INCOME



"Before starting the program, [my son] was really quiet and shy, and he didn't like talking to people. Now, he's more social - he says 'hi' and 'bye' to people; he doesn't hide behind me."

- an UP4WS parent



FIRST 5 YOLO PREPARES CHILDREN FOR KINDERGARTEN

Over all, students improved by an average of 48%. UP4WS helped to close the achievement gap for both boys and girls, English language learners and speakers.



For UP 4 WS Teachers and Staff:

- Training
- Stipends
- Licensing
- Higher Pay

CHILDCARE & EARLY EDUCATION INITIATIVE

QUALITY ENHANCEMENT PROGRAM (QEP)

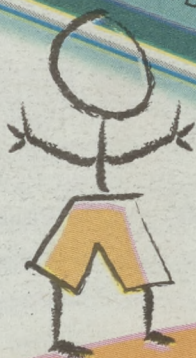
The quality of childcare provided in Yolo County increased significantly due to the City of Davis' Childcare Quality Enhancement Program (scores over 5 are excellent)

- After 30 hours of intense assessment, technical assistance, education and sharing of resources, the final ECERS (environmental rating score) for childcare centers averaged 5.16, up from the average starting score of 4.94.
- For family childcare, the average starting FDCRS (environmental score) score was 4.40. At the end of QEP, the average final FDCRS score was 5.17.

SPECIAL NEEDS OUTCOMES

As a result of participation in a special needs training for QEP providers:

- 511 potential childcare spaces now are better equipped to serve special needs children.
- 55 parents attended a four-session parent-education series on "Parenting the Toddler", with 90% of parents reporting an improvement in parenting skills as a result of the workshops.
- 29 children with special needs maintained successful placement in their childcare settings for at least 6 months.
- 67 parents accessed special needs services through our grantee, the City of Davis Childcare Services Department.



RISE, INC. UNIVERSAL EARLY LEARNING

Formatted to meet the specific needs of an agricultural community, the Universal Early Learning program serves as a model for other rural child-development programs in California by meeting the need for fluid, relationship-based programs and services. With informational materials available in English and Spanish and roughly half of the RISE staff bilingual, Spanish-speaking families are able to communicate and also practice English skills. RISE has four distinct early education and learning programs. "Mommy and Me," for new mothers with children up to age 1, meets to focus on topics such as nutrition, relaxation and appropriate infant stimulation. "Toddlers Too" encourages parent participation, provides age-appropriate activities and promotes the development of fine and gross motor skills. "Pre-Kinder Ready Group" meets three days a week with 3 ½ to 5-year-olds focusing on kindergarten readiness activities to build motor skills, improve knowledge of letters and numbers and aid in social development. On Friday evenings, "Mom, Dad and Me" engages fathers in their children's early learning. Teachers report that children who attend the Pre-Kinder Ready Group transition into school more easily, have accelerated literacy and are not as traumatized in an English-speaking classroom.



CHILDREN'S HEALTH INITIATIVE

RESULTS FROM FAMILY TELEPHONE SURVEYS & PARTNERSHIP HEALTH PLAN

Have a Medical Home: 100%

- 61% at a community clinic
- 39% at a private doctor's office/clinic

Utilization:

- 94% report having used medical services
- 77% report having a well-child visit within the first six months of enrollment
- 31% report a dental visit since enrollment

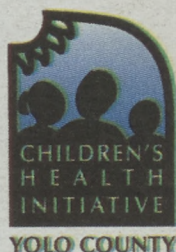
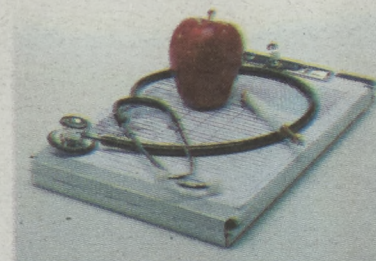
Satisfaction: (on a scale of 1-10)

- 92% rated the plan and care between 8 and 10
- 94% found a provider that they are happy with



LOCAL STORY:

Jose and Maria Perez are the parents of two boys: Andres age 5 and Christian age 3. Andres was born in Mexico, while Christian was born here in Woodland. The family has lived in Woodland for about four years. Maria stays at home with her sons during the day, while Jose works as a driller for an oil company located in Yolo County. At home, the family speaks mainly Spanish, although Jose is proud that he can communicate in limited English, too. While Jose can get health insurance through his employer, it would cost more than \$500 a month on top of the other pay check deductions (taxes). The Perez family earns enough money to fall into the 250%-300% poverty-level guidelines. When they applied for Healthy Families for Christian two years ago, they were told they made too much money to qualify. They heard about the Healthy Kids program offered by First 5 Yolo and were signed up by an outreach worker in January 2007. At the moment, they don't have any serious health care needs, like diabetes, dental problems, etc. However, they have access to routine care such as dental and medical check-ups through Healthy Kids as well as vision checks and counseling services. Maria admits the lack of coverage – should Andres be dropped from Healthy Kids when he turns 6 – would affect their life negatively. Now, while they are little, she can take them to a doctor when they are feeling sick or have a temperature, even to the emergency room, without worries about paying a high cost later on. She hopes there will be a way to continue Healthy Kids as her boys grow older.



Health Insurance Outreach, Enrollment, Retention & Utilization

- 1,163 families received outreach information
- 191 0-5 year-olds enrolled in health insurance
- 95% retained their insurance for at least one year



Visit our Web Site: www.yolohealthykids.org

100% are very satisfied with the Program!

FIRST 5 YOLO COMMISSIONERS

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YC Board of Supervisors

Katie Villegas, MSW
District 1

Donita Stromgren - Vice Chair
District 2

Suzanne Anderson
District 3

Sheila Allen, R.N., Ph.D.
District 4

Sue Heitman, MSW - Treasurer
District 5

Bette Hinton, M.D., MPH
YC Health Department

Pam Miller, MSW
YC Employment and Social Services

Jorge Ayala, Ph.D.
YC Office of Education

FIRST 5 YOLO STAFF

Julie Gallelo, MPH
Executive Director

Margaret Bacot, MBA
Chief Financial Officer

Donna Elmore
Universal Preschool Director

Jackie Hausman, MPH
Health Initiative Coordinator

Regan Overholt
School Readiness Coordinator

LaTina Price, MPA
Administrative Analyst

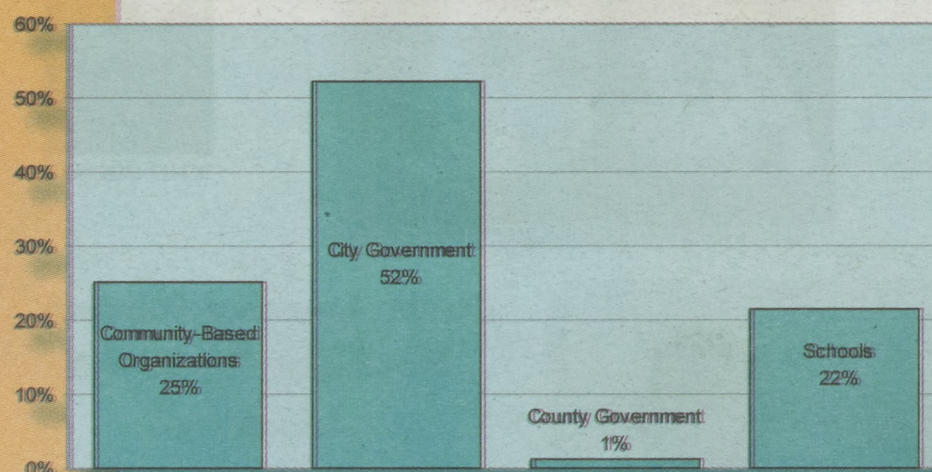
Elena Enriquez
Administrative Assistant



Our Funded Partners

City of Davis, R&R - Childcare Collaborative, CARES, UP4WS
City of West Sacramento - Fluoridation
Families in Self Help - Life Skills Curriculum
Food Bank of Yolo County - Movable Market for Children
Partnership Health Plan - Healthy Kids Insurance Plan
RISE, Inc. - Universal Early Learning, Literacy Boosters
River Delta Unified School District - Health Insurance Outreach
University of California, Davis - Family Connections Program
Washington Unified School District - School Readiness
Woodland Joint Unified School District - School Readiness
Yolo County Children's Alliance - Health Insurance Outreach, Enrollment, Retention and Utilization
Yolo County Health Department - Breastfeeding Study
Yolo County Office of Education - UP4WS, Steps to Success
Yolo Family Resource Center - Health Insurance Outreach, Enrollment, Retention and Utilization

Funded by Agency Category



Children and Families Commission

403 Court Street

Woodland, CA 95695

phone: 530-669-2475

fax: 530-669-2477

e-mail: info@first5yolo.org

Visit us at: www.first5yolo.org

2006-07 Report to the Community